

The Psychological Effect of Racial Attitudes of Parents on their Children

Suraj Sharma¹, Dr. Santosh Shinde², Vinayak Shitole³,
Dr. Shrikant Waghulkar⁴, Shubham Chowdhury⁵

Received: 15- June -2023

Revised: 12- July -2023

Accepted: 01- August -2023

^{1,2,4} Assistant Professor, Management Studies, Savitribai Phule Pune University, India

³ Research Scholar, Management Studies, Bharati Vidyapeeth (Deemed to be University), Pune, India

⁵ Research Scholar, Management Studies, Savitribai Phule Pune University, India

Email: ¹ suraj.ihra@gmail.com, ² shinde.santosh1928@gmail.com,

³ vshitole95@gmail.com, ⁴ shrikant.beed2011@gmail.com, ⁵ sc316835@gmail.com

Abstract

Previous studies have not found any relevant information related to data on the effects of racism on children. Racism is a major drawback of society that affects society widely. This study aims to develop this study by collecting data from previously conducted studies. The study followed the secondary data analysis method for collecting all valuable information. Most of cases, family parents have lots of knowledge-related issues that affect the children's minds massively. Such as discrimination, racist are major key aspects that are included under the context of racism effect on children. This study also sheds light on showing the good findings that help massively to understand the context properly

Keywords: Racial Behaviour, Racial Discrimination, The Effect of Racial Behaviour

1. Introduction

Racial attitude is one of the crucial aspects that affect society badly, and this refers to behaviours, feelings and beliefs that people have presented in front of people based on their race. Additionally, racial attitudes are influenced by various vulnerable factors such as education, social environment, upbringing and personal experiences. This paper will address the parental attitude toward racism and its effects on their children. It has been seen that nowadays, society is increasing rapidly on all sides, such as diversification and against racism. However, lots of people have developed their thinking process by focusing on race. Thus, some parents have presented their attitudes in front of their children, and children grab those attitudes accurately and implement that in their life. As a result of it, diversity effects are decreasing day by day in children's minds due to influencing their parent's attitudes. Therefore, this study sheds light on showing the major effects of this significant context by collecting the results from the previous report. On the other hand, this entire process also forecasts on showing the required methodology for developing the study. As an example, it has been seen that skin complexion is one of the common factors. In addition, in this context, racism is seen actively in many countries. On the other hand, this study elected the secondary data collection method that is helpful most for making this paper. Another significant point is that gender discrimination is also involved here effectively. For instance, it has been seen that most parents in India do not accept any female child as normal; they always want a male child. Apart from that, it also has been examined that society cannot accept female activities in the normal way; they also established rules and regulations for women. Therefore, this kind of discussion is against maintaining diversity in society. Due to this major discussion, children are affected in developing their cultural skills as well as their socialist activities. Therefore, this important paper aims to develop this study through discovering exact findings that make the paper resourceful.

2. Literature review

Effects of Racism on Children

Racism is denoted as any exclusion, discrimination and restriction, and these aspects depend on colour, race and descent. Additionally, at first, this process sheds light on showing discrimination's effects in changing children's behaviour. Children can inspect the little constraints in the middle of society's living people. In this case, when their parents have discussed any random people's colour and race in front of the child. As a result, children adopt those thoughts effectively, and that affects their mental state as well. That time, those children see their

surroundings by inspecting their skin complexion and race. In support of these activities, they pass various bad comments to others by denoting their complication along with race [2]. In other words, it has been seen that lots of children started to assign their own family members by judging them by learning components related to race. At that moment, they cannot give appropriate respect to their parents and other public in their society. Therefore, this is one of the major reasons that affect the child's mental health. Behavior change is another major aspect that signs significant changes in a child through adopting the discrimination knowledge from their parents [1]. During the teenage phase, it has been seen that children have also changed their judging process before conducting any conversation. They thought about people's mentality and nature based on their appearances before conducting a conversation. Besides, it has also been presented that by adopting this discrimination knowledge, they cannot grow their circle with random people without ensuring their status. In addition, it has also been observed that discrimination affects children and cannot help anyone, and this is one of the bad effects of racism. Therefore, from this above-mentioned document has presented various kinds of impacts that affect the child widely. Besides, parents' racist attitudes play a major role in serving huge amounts of behavioural changes in child mentality, and they implement that knowledge in their development.

Childhood Experiences with Racism

Racism is one of the major components that are run year by year at a smooth speed, and the new generation is grabbed by that basically through their parents' attitudes. Apart from that, children can establish the constraints regarding phenotypic related to race in the time sphere of infancy. In order to see the effects of racism on a child's mentality or perspective, some key points are enlisted there, and these are family perspectives, social impact, and so forth. This study normally aims to make this paper by presenting the major impacts on Childs. Most of the cases, ethnicity, religion and sex, immigration status, and disabilities all these factors are accounted for under this context respectively, and these factors refer to the racism chapter regard [3]. In addition, it has been seen that when a family emigrated from one place to another place, that time society judged them crucially. That is one of the bad scenarios of society that impacts the child's parents who are living in the society. As a result, parents suggested children not meet with those immigrant families. Therefore, it has been seen that Childs are affected indirectly by their parent's suggestions.

Thus, it is one of the well-known examples that parents do randomly with their Childs. Therefore, these are major aspects that impact the children's minds actively. In other words, it has been seen that people have presented their perspectives based on people's disabilities also. One of the other reasons is the financial status of any family that is also included in this topic context. Additionally, when the parents discriminate against other families who are from a backward stage of financial stability and that crucial nature is adopted by children [4]. As a result of it, children changed their behaviour about giving respect to economically downward families. Another part of that this is one of the significant factors that has a bad impact on the mentality of children. In the section on religious aspects, it has been seen that lots of families offer suggestions to their Childs about maintaining distance with people of other religions. That is another important aspect that creates a constraint in children about different religions. In other words, gender discrimination is another significant fact that is accountable for changing the equality perspectives of children. Such as when a parent starts gender discrimination in front of their child, and this is affecting their child's thoughts in handling the people. Due to this reason, they show their changes in their development places such as in school; they discriminate against other students by criticizing their colour, gender and many more also enlisted here[5]. In support of these, it has been seen that lots of people have presented their bad behaviours toward those who have some disabilities. Therefore, this kind of behaviour is one of the bad manners that define the lack of education issues of those parents. In case, those parents who do not have proper social skills and they also failed to serve good ethics to their children about respecting people. Therefore, it has been seen that above mentioned all aspects are key components that affect the child's behaviour actively.

Effects on children health

Racism can affect the child's health, and it also happens before birth. According to the examined study, it has been seen that sometimes children face several kinds of health issues after being bored, such as preterm birth, mental health and low birth weight. Sometimes, due to having these vulnerable issues in children, some parents have not treated them normally. At that time, children faced racism problems during the time sphere of birth time or teenage

age. Additionally, it has been seen that after growing up, this child's mind is affected most due to receiving these kinds of bad behaviours from their parents. Apart from that, it has been seen that they suffer lots of issues related to depression, and Children make their own world to run their life without maintaining any rules [7]. In this case, children's parents are accounted most for damaging their life cycle rules through racist activities. On the other hand, when any child is assigned as a victim through their friend circle it has been seen that for happens this situation, the student's parents are accounted most. Apart from that, for raising other Children, victims Children are affected most, and they are thinking about the process of surviving in this crucial society.

In other words, it has been seen that these vulnerable issues are involved in this context, and this paper also addressed those vulnerable points in an exact way. On the other hand, lots of brain damage also are included as major effect on health based on collecting racist behaviour [6]. Therefore, the emotional impact is another major constraint that is collected by the children through their parent's crucial behaviour. Due to these vulnerable reasons, Children feel down in all their work, and they cannot concentrate on any work for messing up. Therefore, this paper assessed all factors about this topic effectively and presented all materials respectively. On the other hand, this study also forecasted collecting the process associated with solving these issues from society. As an example, increasing racism inside the child's mind can be acted as a major key component for damaging the diversification in the middle of society. In other words, diversification is one of the major subjects that help the society in controlling the equality within society. In order to sort out these kinds of issues from society, the parents need to learn the Hofstede cultural model for serving exact knowledge to their child's development.

3. Methodology

The methodology is one of the major steps that help the paper to demonstrate this study by collecting exact information from various resources. Besides of it, this paper takes all secondary resources to demonstrate this article. All data are gathered based on evaluating the new data through applying new ideas and theories as well. Additionally, this study also sheds light on grabbing all required data by following the secondary data collection method [9]. A descriptive approach is implemented here appropriately to explain all aspects in detail. In addition, this paper has evaluated all examined data from previous research studies. Along with that, this article also mentioned the exact findings and discussions, and these items contain all outcomes which are obtained from the study. Lots of studies have mentioned the different kinds of parents behaviour, which is one of the major assets that makes this paper authentic most [8]. This study also mentioned all the major difficulties which are faced by children through gathering examined data from other enlisted studies. In other words, this paper's methodology also defined the paper's valuation in support of racism. In support of these aspects, this study also concentrated on making a good conclusion through grabbing the conclusive design. This paper's data are also reliable and that also signed good results based on this study content. This study collected data all are mostly authentic; no data has existed here as false data. Secondary data collection is one of the best methods that helped this study widely in developing this study accurately.

4. Findings

Based on the overall results, children with exposure to a larger amount of racism in their life have a higher chance of creating vulnerability in their social life. The process of parenting alongside racism infusion affects the mental health of a child severely regarding their view towards society or any other person. Alongside the racial aspects, mental health is significant in the life of any particular child. Bad parenthood directly affects the view of children towards society and any other individual. Children exposed to racial attitudes tend to adapt various parameters to judge people and tag them with an efficiency rate in their minds. Any person failed to pass the preset criteria is likely to get bullied by the children exposed to racial attitudes[10]. This discrimination is mainly based on colour, race, and financial condition of the person in the target of getting bullied. Apart from that, children with greater exposure to discrimination develop various chances of getting various mental health and other related issues. Parents are considered one of the most preliminary idols for any child. Based on the various scientific journals, children are more likely to adopt the social view of their parents compared to any other individual around them. As in the growing up process, children are backed up by the life direction of their parents. In this scenario, children also adopt any racial attitude or discrimination behaviour in case of getting exposed to it.

Parents with a racial attitude tend to discuss colour blindness towards their children, which enhances the amount of colour or complexion discrimination of the children. Based on the various pieces of information, white parents are more likely to adopt colour blind approach at the time of describing or sharing racial attitudes toward their children[11]. Based on the views of the parents, proper training and awareness models are required to reduce the number of racial victims. Awareness campaigns are one of the most important things in reducing racial attitudes among parents. A proper view of the bad effects of parents with racial attitudes is capable of helping the parents understand the effects of racial behaviour on their children. In order to change the social view of parents with a racial attitude, it is important to expose the effects of the issue. The suffering of children from racial discrimination can be used as a strategy to implement these awareness campaigns. Parents with a heavy racial attitude can go through therapies to reduce the amount of racial attitude that is capable of negatively affecting the overall health of the children. Apart from these issues, parents should be more compassionate and caring towards any individuals regardless of their financial status, race, or the colour of their skin. The continuous spreading of racial attitudes towards the future generation is affecting social harmony and creating various problems regarding the proper management of individuals' social lives[12]. In order to maintain the proper harmony and balance in society, educating the parents towards reducing the discriminative behaviour is required. Based on the various awareness campaigns and triggering acts, it is possible to reduce the amount of racial behaviour among parents.

5. Discussion

Based on the racist behaviour of the parents, both the mental and physical health of the children are getting affected negatively. Moreover, children are facing a larger amount of racial exposure from other children based on various issues. Victims of discrimination commonly develop anxiety and depression among them due to constant neglected behaviour from other children. Furthermore, various nervous problems and disorders also can be developed from a larger exposure to racial and other discrimination[13]. An extreme amount of diversity is commonly noticed in the children based on recent times. This diversity is commonly known to generate a discrimination seed without any sound in society. Based on various research, the diverse mental and physical effect has been seen in all victims, alleged, and observers of any racism scenario. Based on scientific values, victims of racial discrimination are more prone to develop health-related issues that can become severe and life-threatening. As a result, parents should look into these matters with more focus to reduce the number of issues created by racial discrimination. Based on these facts, parents should be more concerned about their racial attitude toward their children and toward society also.

6. Conclusion

Based on this research study on the racial attitudes of parents, it can be concluded that racial attitudes can be severe in terms of the life of the children. As an issue carried throughout the generations, it has been hovering through the age groups from ancient times. In the present day's scenarios, colour, race, and financial racism are the most common issues faced in racial discrimination scenarios. In most cases, parents are the ones to forward these issues to their children through a severe amount of exposure to racial behaviour. In order to increase awareness among parents, proper awareness is still needed in this current society. Victim, alleged, and observer of any kind of racial accident is severely affected by the health situations. Radiating racial discrimination attitudes towards children are more likely to spread the issues in society. As a result, issues created by racial discrimination need to be eradicated from the parents considered as the root of the issue.

Health is one of the most severely affected aspects regarding any kind of racial discrimination victim or alleged person. It has been seen that victims of racial incidents are prone to adapt to various physical and mental health-related issues after the incident. It has also been seen that any observer of racial discrimination is also affected by their mental health. Based on the various research papers, racism has developed a larger amount of mental health-related issues in recent years. As a result, proper management of racial behaviours required towards parents is required to reduce the amount of racial discrimination created by health issues around the world. Parents should be more attentive and compassionate about the words they are passing towards their children to reduce the amount of racial discrimination. Therefore, this study has tried to meet some key points for making this entire process with full of efficiency.

References

1. Marchand, A.D., Vassar, R.R., Diemer, M.A. and Rowley, S.J., 2019. Integrating Race, racism, and critical consciousness in Black Parents' Engagement with Schools. *Journal of Family Theory & Review*, 11(3), pp.367-384.
2. Bañales, J., Marchand, A.D., Skinner, O.D., Anyiwo, N., Rowley, S.J. and Kurtz-Costes, B., 2020. Black adolescents' critical reflection development: Parents' racial socialization and attributions about race achievement gaps. *Journal of Research on Adolescence*, 30, pp.403-417.
3. Cave, L., Cooper, M.N., Zubrick, S.R. and Shepherd, C.C., 2020. Racial discrimination and child and adolescent health in longitudinal studies: A systematic review. *Social Science & Medicine*, 250, p.112864.
4. Williams, A. and Steele, J.R., 2019. Examining children's implicit racial attitudes using exemplar and category-based measures. *Child Development*, 90(3), pp.e322-e338.
5. Beck, A.F., Edwards, E.M., Horbar, J.D., Howell, E.A., McCormick, M.C. and Pursley, D.M., 2020. The colour of health: how racism, segregation, and inequality affect the health and well-being of preterm infants and their families. *Pediatric Research*, 87(2), pp.227-234.
6. Reddy, J., Williams-Isom, A. and Putnam-Hornstein, E., 2022. Racial sensitivity training: An inadequate solution to systemic racial disparities in child protection systems. *Child Abuse & Neglect*, 128, p.105584.
7. Mandalaywala, T.M., Benitez, J., Sagar, K. and Rhodes, M., 2021. Why do children show racial biases in their resource allocation decisions? *Journal of experimental child psychology*, 211, p.105224.
8. Fu, S., Chen, D., He, H., Liu, S., Moon, S., Peterson, K.J., Shen, F., Wang, L., Wang, Y., Wen, A. and Zhao, Y., 2020. Clinical concept extraction: a methodology review. *Journal of biomedical informatics*, 109, p.103526.
9. Erro-Garcés, A. and Alfaro-Tanco, J.A., 2020. Action research as a meta-methodology in the management field. *International Journal of Qualitative Methods*, 19, p.1609406920917489.
10. Perry, S.P., Skinner, A.L. and Abaied, J.L., 2019. Bias awareness predicts color-conscious racial socialization methods among White parents. *Journal of Social Issues*, 75(4), pp.1035-1056.
11. Wang, M.T., Henry, D.A., Smith, L.V., Huguley, J.P. and Guo, J., 2020. Parental ethnic-racial socialization practices and children of colour's psychosocial and behavioural adjustment: A systematic review and meta-analysis. *American Psychologist*, 75(1), p.1.
12. Trent, M., Dooley, D.G., Dougé, J., Cavanaugh, R.M., Lacroix, A.E., Fanburg, J., Rahmandar, M.H., Hornberger, L.L., Schneider, M.B., Yen, S. and Chilton, L.A., 2019. The impact of racism on child and adolescent health. *Pediatrics*, 144(2).
13. Dettlaff, A.J. and Boyd, R., 2020. Racial disproportionality and disparities in the child welfare system: Why do they exist, and what can be done to address them? *The ANNALS of the American Academy of Political and Social Science*, 692(1), pp.253-274.