

The Impact of Severe Disabilities on The Scope of Social Rehabilitation Treatment

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Abstract

The entire study is based on severe disabilities and social rehabilitation and facts of these variables have been discussed. Multiple disabilities such as intellectual, deaf-blindness, and autism disabilities are considered severe disabilities. The people who are affected by these disabilities cannot show better performance. The mental stability of these people is affected badly, and for this reason, poor performance is noticed. Severe students show poor placement in their education, and they cannot attend regular classrooms. Even employees cannot perform well due to this issue. Secondary qualitative data has been collected in the research article to discuss widely on this topic. The collected data sources show that social rehabilitation programs such as coaching, counselling, therapy and education are designed to improve the mental health of severely disabled people.

Keywords: Severe Disabilities, Social Rehabilitation, Mental Health Condition, Medical Care

1. Introduction

Multiple disabilities such as autism, intellectual disability and deaf-blindness are considered severe disabilities. People who have severe disabilities cannot lead normal life, and in many cases, it is found that medical care is necessary for these people. In many cases, serious medical care is used for people with severe disabilities. In the earliest time, it was thought that the learning capacity of severely disabled people was limited. In many cases, it was said that the learning capacity of these people is low. In the present time, it is said that the learning capacity of service-disabled-affected people is much better as compared to previous thinking. Much more research is done on severe disabilities to find out the learning capacity of these people. Residential facilities are provided to severely disabled people, and it helps to improve the mental health of the people. The mental health of these people is poorly affected and social rehabilitation helps to develop the mental health of these people. The proposed research article describes how social restoration works for severely disabled people across the world.

2. Literature Review

Effects of Covid on severe disable people

People affected by severe disabilities have several disabilities, such as intellectual disability and deaf-blindness disabilities. For this reason in many cases, serious health care is required for these people. It is necessary to ensure the accessibility of better medical care services. It is noticed that the quality of life of these people depends on medical care, and the well-being of these people improves based on medical care. Effective medical care is considered a crucial factor for these people to maintain the well-being of severely disabled people across the world [1]. Low-level medical care was noticed for these people during the Covid pandemic. The entire health system was disrupted at that time, and for this reason, needed medical care was not available during the pandemic time. Facilities of social rehabilitation play an important role in improving the mental health condition of these kinds of people. Social interaction is necessary to ensure social care and social rehabilitation. The lockdown was imposed at that time, and for this reason, most people were locked in their homes. Possibilities of social interaction were reduced due to the imposing lockdown [2]. On the other hand, social distancing was the factor that was also responsible for decreasing social interaction during the Covid pandemic. Severely disabled people could not get enough scope for social interaction, which hampered mental health development. However, the development of mental health is a crucial aspect of these people, and it was disrupted badly due to the Covid pandemic. The

negative impact of the Covid pandemic is noticed among severely disabled people. On the other hand, risks of severe medical care were raised in those cases. These are the primary reasons for the negative impact on severe disability of the Covid pandemic. Several kinds of research support these findings, and the psychological stress of these people was increased at that time. It led these people towards the negative impact of the Covid pandemic.

Contribution of social rehabilitation on severe disabilities

Rehabilitation is considered as assistance to improve the psychological and mental health of disabled people. The development of disabled people depends on the interaction environment, and it is necessary to ensure a healthy interaction environment for these people. In recent times, WHO has revealed that a person needs a set of interventions in daily life functioning, and this condition is considered a disability. It is observed that rehabilitation is effective in reducing the intervention of severely disabled people. In other words, rehabilitation is significant in improving the mental health conditions of disabled people. Different kinds of rehabilitation phases are used for this purpose. Acute, long term and post-acute, these three rehabilitation phases are considered for disabled people to improve their mental health condition [3]. It is also found that these phases can be used in primary, tertiary and secondary at these healthcare levels.

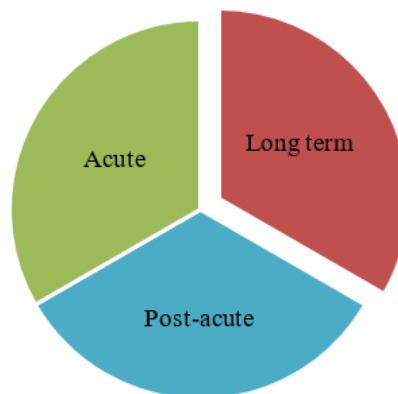


Figure 1: Phases of rehabilitation (Source: Self-created)

Several psychological health issues, such as thrombosis, respiration function and frailty, are noticed among disabled people. These issues are identified in the acute phase, and for supporting intervention in these cases, respiration technique is considered. However, mobilization is also used to manage other interventions, and it is considered an essential support. In the early post-acute phase, it is emphasized on lung functions. It is necessary to provide importance on lung function as it is crucial for a person in daily life. Lung functions are addressed in this phase, and it helps to drive the human body smoothly. Improvements in psychological health are important to ensure the mental health of disabled people. The early post-acute phase is used to address interventions of psychological functions for this purpose. Respiration function is related to mental health, and the post-acute and long-term rehabilitation phase is used to address respiration function issues of disabled people. In many cases, it is found that rehabilitation is used to support disabled people to return to their work. The phase helps to improve the mental health of disabled people, and this development helps to return the people to get back their work. However, the main motto of social rehabilitation is to improve the learning capability of severely disabled children. Children with severe disabilities face social and economic challenges [4]. Most children across the world suffer from severe disability, and for these children, social rehabilitation is used. Socialization is one of the essential practices of social rehabilitation that is supportive of severely disabled children. Leadership improvement clubs, special, engaging clubs and mentors' clubs, these kinds of groups are formed to support disabled children. Human rights protection practice is considered to ensure the development of severely disabled children. Rights of freedom and rights for legal education are observed under this practice. Lectures, courses and videos are provided to severe children to improve their mental health, and this initiative helps to enhance learning capacity among disabled children. Training sessions for teachers and family members are provided to address the issues which are faced by these children.

3. Methods

The method describes how a research article is completed and how needed data is collected to complete data analysis. Primary and secondary these two types of data are used in research articles to conduct data analysis. Interviews and surveys are used to collect data from human participants. The entire process of survey and interview is lengthy, and it can be responsibly complicated to complete a research article. Consideration of primary data collection has not been included for this reason. On the other hand, journals, magazines, newspapers and websites are the sources of secondary data [5]. These sources are readily available in both Google and Google Scholar; researchers can easily collect data from the sources. However, data in the sources are freely accessible, and for this reason, the financial complication is not involved in secondary data collection. A considerable amount of secondary data is available, and researchers have scope to gather data as per requirement. It provides flexibility in data collection, and for this reason, most researchers prefer a secondary data collection method to collect needed data. On the other hand, secondary data is used for previous research that defines its authenticity to provide adequate research.

It is easy to find effective results from authentic data sources, and secondary data sources provide accurate data for research articles. Qualitative data analysis is used to discuss the proposed topic. Numerical tables, charts and statistics are not included in qualitative data analysis, and for this reason, researchers can quickly analyze collected data. Thematic analysis is mainly used to analyze qualitative data [6]. Several benefits are involved in thematic analysis, and for this reason, it has been chosen in the proposed research article. The thematic analysis provides flexibility in data collection. Data can be collected as per the requirements based on themes, and it helps to collect needed data easily. Less effort is put into data collection, and this benefit is provided by thematic analysis. Themes are developed based on research objectives which cover research phenomena. Research outcomes depend on research phenomena, and thematic analysis explores research phenomena. It helps to find out answers to research questions by exploring research phenomena. These benefits of thematic analysis have been considered for choosing in this proposed research article. Several online journals related to severe disability and social rehabilitation have been collected to make discussion on time suggested research article topics. It helps to create an effective conclusion that provides a clear idea of the research article topic. Research article-relevant journals are chosen to maintain the effectiveness of research results. It is necessary to collect recent information related to the proposed topic to ensure authenticity in data collection [7]. The fact of a research topic relevant information has been maintained in the research article, and for this purpose, journals not before 2019 have been approached. Required information has been collected from the approached journals to maintain authenticity in data collection. Initially, the titles of the research articles have been read and relevant to the research article topic journals have been chosen.

Both inclusion and exclusion criteria have been chosen based on the reading performance of the journal-title. The titles which are not relevant to the topic have not been considered for data collection. The quality assessment model is used to check the potential for providing the required information. The "Critical Appraisal Skills Programme " is used to perform a quality assessment model to select journals [4]. Under the programme, the frequency of keywords is observed, and it helps to find out the potential to provide research article topic-related information. Publishing year has been considered as the leading exclusion and inclusion criteria for choosing journals for the research article. The highest frequency of keywords has been thought at the time of selecting needed journals. A quality assessment model has been used to check potentially used journals for the proposed research article. Keywords of themes have been searched in these online journals, and it helps to prevent the potential for providing adequate information in the research article. The journals which have the highest number of items related to research article topics have been selected for the case. Required information has been collected from the journals chosen to explore the proposed topic.

4. Findings and Discussion

Severe disabilities are found among employees in the workplace, and the mental health of the employee is responsible for increasing the disability. Mobile health rehabilitation is used for disabled people [8]. Support is essential to improve the health condition of the employees. Recently, it has been found that natural workplace support is used as social rehabilitation to support these kinds of employees. Severe disabilities have a negative

impact on human health. Both physical and mental ability is decreased, and the person cannot show better performance in both social and professional space. Participation of the severely disabled person in social interaction is decreased, and depression is increased; the activeness in professional areas is reduced. The disabled person cannot show better performance, and it is necessary to perform well at the workplace. Adult people also have a mental disability, and their professional life is affected by it [9]. Professional growth depends on performance, and it comes from workplace engagement. An Enhanced level of depression reduces performance at the workplace, and for this reason, the person cannot get a better opportunity to improve their professional position. However, poor performance at the workplace can be responsible for retirement from a job. In both cases, the possibility of financial risks is increased, and the disabled person cannot continue a healthy life. On the other hand, in social life, dependence on financial stability and poor workplace performance is responsible for low performance in social responsibilities. Several types of research show that retirement from a job is increased due to the effects of severe disability among employees as the workers cannot offer better performance in their professional position. Stroke is also responsible for disability, and it is evident among adults [10].

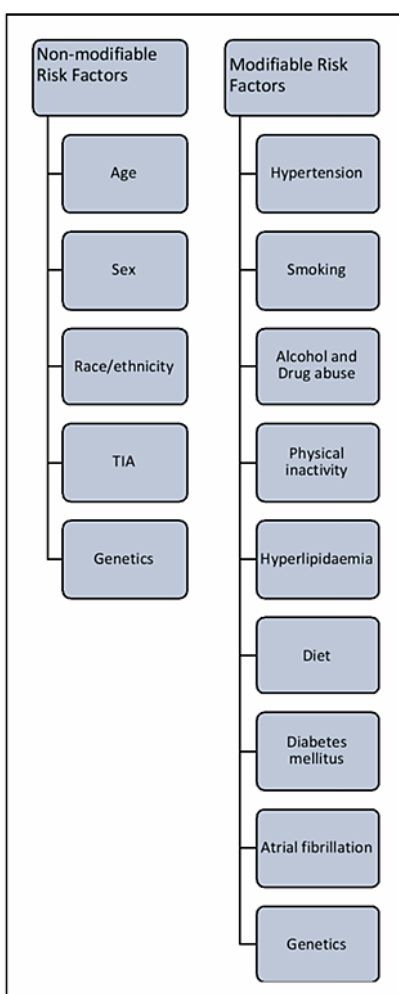


Figure 2: Causes of stroke [10]

The social rehabilitation concept comes from support from the workplace to improve the mental health of employees. Training programs sponsored by employees are implemented in many companies to develop the mental health of employees. In other research, it is found that many employees do not get a chance to participate in such programs. In this case, a strategic strategy is considered to involve them in this kind of programme. The advantages of this programme are discussed with the workers, and it helps to motivate them to participate in this

kind of programme. Severe disabilities are noticeable among students, and it is found that these students cannot perform well in their education placement. In a report, it was noticed that around 40% of students attended the classroom regularly [11]. More than 50% of severe students do not attend their classroom regularly. Educational placement depends on how a student attends class regularly. In this case, the severe student cannot attend classes regularly, and for this reason, poor performance is noticed among these students. The main objective is to improve the mental condition of a severe student in this case. The initiative helps to improve educational placement by students. Several causes are responsible for poor placement in education by disabled students. Caregivers cannot provide sufficient care during the pandemic to disabled children [12]. Result placement policy, demographic and economic stratification, teacher's perception, and poor resources and knowledge are responsible for poor placement in education. It is necessary to develop dedicated placement policies for severe students, and it helps to motivate these students towards their studies. Economic barriers can be important because of poor placement in education by severe students.

The residency region and social and economic conditions of these students are not favourable for special education, and for this reason, the students cannot compete with regular students. Less expertise of teachers to teach severe students is considered one of the leading reasons to show poor placement in education. Teachers need to develop particular skills to teach these students, and mostly it is missing. Resources which are essential to improve the teaching capabilities of severe students are not available. In this case, students cannot show better placement in education. Autism and intellectually disabled children are considered severely disabled children in the United States. Statistical analysis has been conducted on disabled children. It is reported that about 240 million children are found as disabled children [13]. The UNICEF report reveals that disabled children cannot perform well in their studies. In other psychological activities, the children are shown to be left behind due to their disabilities. Data has been collected from 42 countries to analyze disabled children and also to identify the causes of disabilities. Inclusive education is implemented for disabled children to improve the learning capabilities of the children. It helps to promote their mental growth, and in this way, mental development is possible for disabled children. The report of UNICEF describes that poor economic conditions lead to improved disability among children. Social rehabilitation is not implemented successfully in under-resourced countries [14]. Social rehabilitation is the concept that helps to design programs for disabled children.

The programme helps to develop skills in how a person needs to behave with severe children and students. The design of the programme is the key aspect to increasing skills, experience and confidence to deal with severely disabled children. It is found that the mental health of disabled children is affected, and for this reason, it is necessary to improve the mental health of children, students and even employees. Social rehabilitation programmes help to improve the mental health of severely disabled people, which ensures better performance in their daily work [15]. Several acute practices such as therapy, education, counselling, vocational training, coaching, solving communication issues and repeatable activities are considered to improve the physical and mental health of severely disabled people. Consoling is mostly used for employees who are suffering from deep depression, and for this reason, mental stability is affected. It helps to reduce mental stress and depression, and that would be effective in overcoming the bad situation at the workplace. Therapy is used for both employees and children who have a mental disability and cannot show better performance in their work. Education and coaching are used for children to improve the learning ability of severely disabled children. Communication issues are noticed among disabled children, and solving communication practice is used to improve communication skills among these children. Recreational activities have the ability to improve the mental health of severely disabled children, and for this reason, recreational activities are used for these kinds of children under social rehabilitation.

5. Conclusion

Severe disabilities among children, students and even employees have been described in the proposed research article. The discussion part shows that intellectual, deaf-blindness and autism disorders, these disabilities are considered severe disabilities among people. Children cannot offer better performance in studies due to this disability. However, employees who are affected by severe disabilities show poor performance at their workplace, and for this reason, both social and professional life is disrupted. Mental stability is damaged due to severe

disabilities, and it affects the ability of both psychological and physical work. Social rehabilitation is considered to improve their mental strength, and it helps to develop performance.

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