

Role of Parents in the Child's Cognitive and Social Skill Development

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Received: 11- June -2023

Revised: 05- July -2023

Accepted: 10- August -2023

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Abstract

This paper has focused on the Role of Parents in the child's cognitive and social skill development. In the process of cognitive and social development, the child improves their skills of physical and emotional development and cognitive development. The Group experiment has been designed with different groups based on the role of parents in the child's cognitive development and enhancing the child's social skills. Secondary data analysis has been performed and collected from various journals. The role of parents in the social and cognitive development of children enables social and cognitive skills for enhancing the development phase of the child. It has also been found that the role of parents in social and cognitive development has improved the skills of the child.

Keywords: Cognitive Development, physical level, mental level, Social development, Childhood, Parents, Skills, physical exercise, stimulus, psychological.

1. Introduction

The role of Parents is important for shaping the physical and mental level of the child. They refer to the first creator of a child in cognitive and social skill development. In early childhood the role of Cognitive development is crucial and it is considered the most important phase of the child in terms of development. It affects and makes a great impact on adaptation skills and helps to evaluate academic performance and activity in the education field. The inequalities among the child characteristics based on learning and social skills are diverse in different population groups. The factor of health inequalities is the most explanatory for the social and economic position in the context of family. The Family members especially the parents play a vital role in the child's social and cognitive level for attributes in education, income, and occupation. The gradient of social and economic refers to the child classification for economic, social, and physical development. The factor of socioeconomic is responsible for determining health and expresses the path to impact cognitive development. The condition of the house along with restricted sources based on economic condition may have a worse condition with low investment in the child's education, poor hygiene condition of the house, and the condition in the living of surrounding people such as a neighborhood. Another factor comes out in the cognitive and social skill development in terms of parenting status that results in triggering parental stress and it displays a bad impact on the cognitive and physical level of a child. The three determinants that are responsible for the cognitive level and physical level are income,

education, and working condition produces a distinct cognitive stimulus that directly affects the child's cognitive development.

2. Literature Review

Concept of Cognitive Development and Social Development

The Growing of Children includes many types of development on different levels such as cognitive level, physical level, mental level, emotional level, and so on. The role of positive parenting helps to improve the cognitive, physical, and social skills of a child [1]. The concept of positive parenting also affects the stimulus and response get through the child and helps them to grow as better humans. The stimulation and the art of interaction with the parents of a child are necessary and play an efficient role in the early years of a child's life. It consists of problem recognition, coping with the situation in an efficient way, and ingraining the traits of discipline with time management through regular home routines. The child observes the interaction and the conversation occurs in the family including various kinds of conversation such as humor talk, intense talk, and conversation of caring for the child [2]. It helps them to teach the good values of social and cultural development to behave with others, playing with the community, per group and team spirit and a lot more. The social skills also help the child to grow their interaction skills, community involvement, and unity for a common goal [3]. It also helps the child to interact with other classmates and teachers in primary and secondary level schooling.

The concept of physical development is also linked with the social and cognitive development of a child for their physical exercise, health perspective, and regular diet and growing in a conducive environment through the activity of playing. The right direction through parents for the physical growth of their child includes the daily habit of exercise, providing a suitable diet, and meditation for physical development. It also involves the mental development of a child for creating innovative ideas, and accepting failure while trying new things and the methods to overcome them. It also focuses on understanding discipline, the concept of award and punishment, and accepting feedback from the parents [4]. It helps the child to respond to stimuli and make their mind according to them. The concept of spiritual development also adds up in the social skill development of a child for understanding the religion, the prayers and chanting of songs played during the worship of god, the right of knowing and discriminates between right or wrong, right ethical value and parents and elder respect values. It also helps to teach to accept the good values and refuse the bad or unethical values.

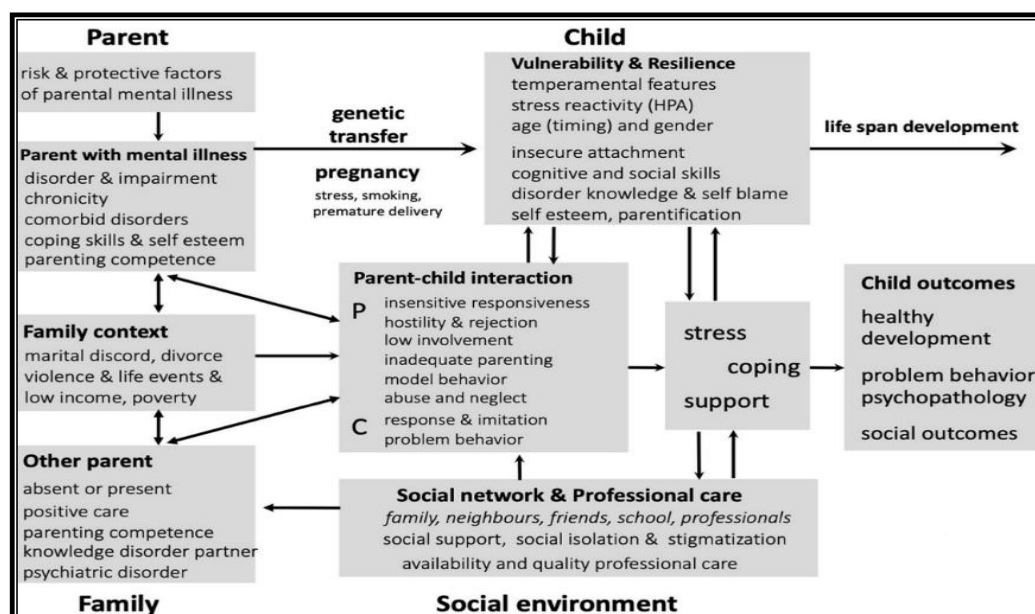


Figure 1: Development model of family and child on the psychological level

(Source: [4])

Issues for the Cognitive and Social Development

There are several important issues for the cognitive and social development of a child through the development of psychological theories. The issues that arise may be genetic or inherited from parents or it is ingrained through the environment, the rate of development of the child in different stages such as the sensorimotor phase, pre-conventional phase, and post-conventional phase according to the theory of Piaget's theory of cognitive development [5]. It also includes the experiences faced through the child in the stages of development. It involves the issue of nature versus nurture that signifies the psychological development of children and individual differences among different child groups. The issue regarding this explains the born inherited quality and the quality that develops in the child after interaction with the environment. There are some aspects of the level of development such as puberty that is affected through the environmental factor such as nutrition intake and a balanced diet. It also includes the issue of early experience and later experience that any child experiences during the stage of development, the development issue contrasts with the development phase of early and later childhood [6]. It signifies the view of domination and characteristics that exhibit in different levels of childhood for a different child. The major issue that arises for cognitive and social development is that of continuity, some theories regarding this argue that the changes in the child are a matter of quantity and the skills that displays for the child during the growth.

It is explained in the theories of psychological theories for the consciousness of the mind and the development of the child. It explains the theory of Erik Erikson regarding development based on consciousness that learning is done through different activities and different stages. The issues arise in the theories given by different psychologists under the same age brackets and the same phase of childhood that involves the contraction among social behavior such as trust and mistrust, autonomy and shame, initiative and guilt, intimacy and isolation, and so on. The issues of the learning theories also arise in this stage as it is different for a different child in the same age group. The major and ignoring issue the parents not recognized is that not all children have normal behavior people and environments. The child may be abnormal towards some aspects such as interaction, cognitive, physical, mental level, and so on.

Role of Parents in Cognitive and social development

It focuses on the impact of the environment on behavior that includes different learning processes such as classical conditioning, operant conditioning, and learning from society. The behavior is signified through the interaction between the environmental factor and the individual. The role of parents involves various activities such as personal care for the child, emotional connection with the parents and other family members, knowledge and awareness about the right thing and wrong thing, learning of different physical activities such as walking, speaking, eating habits, and a lot more. It involves the activity of outdoor playing and indoor activities that is helping the social and cognitive development of children and helps to enhance their skills. The promotion of outdoor play makes a child improve their social development and helps to improve their social interaction skills [7]. The child learns a lot of values during outdoor play through physical activity and improves mental strength and cognitive level through reasoning games, and quizzes during mind games. Parents also promote their children to interact with the same age group child and improve their social skills through playing, conversation, and so on. The communication that a child uses for social and cognitive development through positive interactions and values added through the parents in the environment and respectful values for elders.

Parents also their children for learning by doing processes with a structured method of playing that involves play-based learning. It involves the play activity and learning the basics of the part of the study that helps to boost the cognitive development of the Child. The activity done by the child while playing provides the right and accurate stimulation for cognitive and social skill development. Playing comes into existence to the fact the level of cognition of the child plays an important role in their intellectual and physical development. The role of parents is to improve cognitive development, social development, spiritual development, cultural development, and a lot more. They help to improve the social and problem-solving approach towards a problem and recognition of problems through interaction among the community [8]. The parents also help to improve the habit of discipline life and time management with the various task that comes with daily life. Socio-economic and socio-cultural development plays a positive change in the cognitive and social level of development. Parents also ensure that

during the learning phase, the child does not indulge in the activity that hampers their physical and mental growth and development. Therefore, it has been seen that this cognitive development is one of the major parts that improved the child's future accordingly.

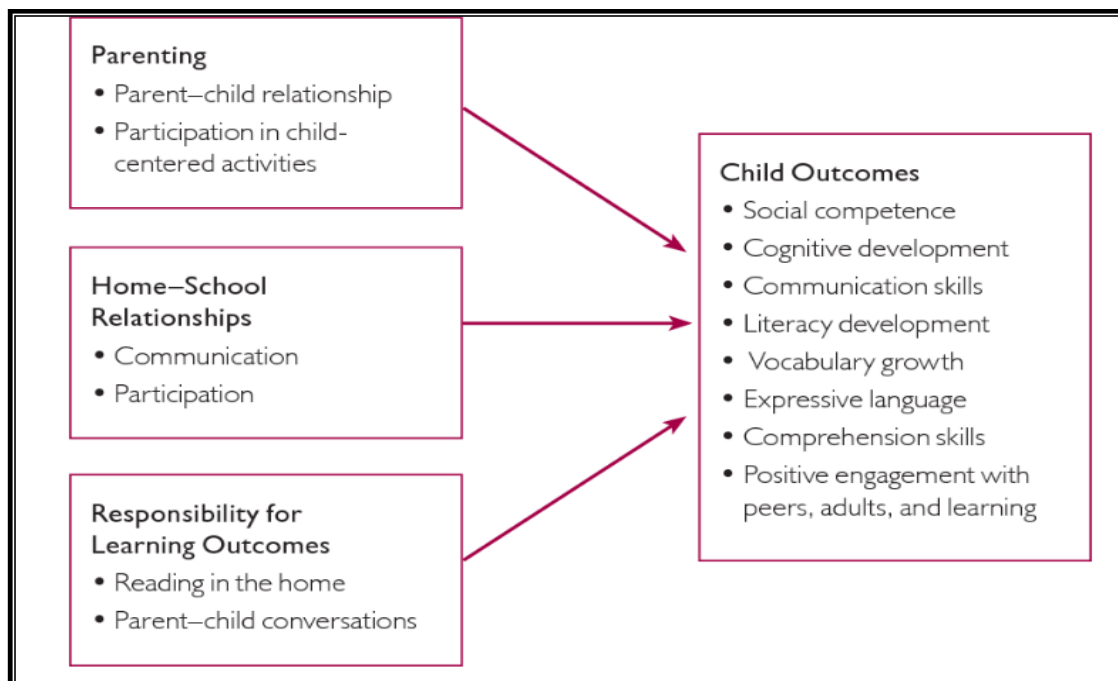


Figure 2: Process of family involvement and children outcome

(Source: [8])

3. Methodology

This research paper uses the structured methodology that is used for managing complex data. This structural methodology also helps to produce the accessible structure for the data on the role of parents in the cognitive and social skill development of a child. This paper also includes the philosophy of positivism that is used to adhere the knowledge through observation that is used for gaining knowledge of the cognitive and social development of a child. The qualitative approach is used in this research paper for analyzing the role of parents in the cognitive and social development of the child [9]. This research paper also develops the hypothesis that is according to the data analysis. This paper also uses the deductive approach that is used for the analysis of the socioeconomic and social skill development of a child. The descriptive design approach is used to focus on the information that describes the concept of cognitive and social skill development that also has some issues regarding the development of the child. The secondary resources used in this research paper are collected from Semantic Scholar, Google Scholar, ProQuest, PubMed, and so on [10]. This research paper uses the technique of data analysis strategy for the cognitive and social development of children and the impact of parenting on social and cognitive development. This paper also uses the probability sampling technique that helps the researcher to select resources randomly for this study under cognitive and social development. The quality assessment used in this research paper evolves the role of parents in the cognitive development of the child. The research also makes an impression on the issues that arise in the cognitive and social development of the child. The data analysis strategy also focuses on the concept regarding cognitive and social development that contains different stages of childhood through the given theory of a reputed psychologist. The research also makes emphasizes the role of parents in controlling the emotional and physical development of a child. The research paper uses the appropriate methods that are beneficial for cognitive development and also on the role of parents in enhancing the skills of social and cognitive levels.

4. Findings and Discussion

According to this study, it has been seen that a child's parent has a major role in the child's development actively. These are majorly involved with some aspects such as social skills, problem-solving skills and cognitive skills. Problem-solving is one of the major aspects that support children in developing their critical thinking solutions. Additionally, it has been seen that this skill is collected by children through the support of their parent's life experiences. In other words, in this major study, it has been grabbed that social skill is another one that needs to develop inside children [11]. Additionally, it has been proved that parents played a key role in developing the child's development as for the first time, the mother worked as a support system in growing their minds and emotions. They also helped children to enhance their communication skills for conversation with other persons without parents. Additionally, it has been also acquired that parents served their kids with discipline marinating. Social skills are another major aspect that plays a vital role in managing a life cycle full of consistency [12]. These major skills are normally collected from parents and these skills support the kids to move forward smoothly in future. In addition, the physical development concept is also connected to the cognitive and social improvement of a child in favor of their physical practices. On the other hand, physical growth, and normal diet activities are major aspects that are involved in the context of cognitive skills. In this case, these activities are handled by the child's parents and this also helps the children to control their physical controls process, therefore this is one of the significant subjects that is covered in this paper. In support of this, this study also focused on showing the major theory that is Piaget's theory. This is one of the vital theories that embrace the learning abilities of children and this theory has some stages such as the sensorimotor stage, and the preoperational stage. In addition, the last two stages include the concrete stage of operational and the formal stage of operational. Therefore, this cognitive theory is one of the major theories used by parents for serving the effective skills related to how society belongs and the process of handling all important aspects [13]. In support of these all positive sides, this paper also addressed the major issues of cognitive and social development also. Thus, there are various types of issues which are enlisted under the section of social development and cognitive knowledge. Lots of times parents are not efficient in serving accurate knowledge to their kids. Therefore, it has been seen that this paper has assessed some major constraints that enlisted actively in the child's mind. Most of the time, it has been seen that children do not receive accurate knowledge from their parents. Therefore, the communication graph is one of the major aspects that can throw problems into the child's mentality in future. Therefore, this study has covered all major items that support the topic with showcasing accurate materials.

Discussion

As per this paper's data, it has been seen that this study has addressed all major aspects that are enlisted with full accuracy. Additionally, at the first stage, this study also mentioned all the vulnerable and major key components of society along with cognitive skills that are served by parents into the children's mind. In contrast, other papers have failed to contain all activities of parents' role in serving the cognitive skills along with social skills to their Childs. Therefore, this is one of the major aspects that are able to make this paper more accurate such as parents have a major role in developing the child's progression activities which are associated with daily routine, time management skills and so forth also [12]. In other words, this paper also forecasted on showing the results of serving good cognitive skills to Childs through the support of parents. Childs can handle all problems within shortage time through implementing their problem solving skills. In contrast, other studies have failed to forecast the results of adopting problem solving skills from their parents. Besides this, this study also mentioned some major theories such as Piaget's theory that helps parents to handle their students through inputting the cognitive and social skills step by step. Additionally, this study also mentioned some issues of this paper context, such as lack of knowledge of parents is one of the major points that helps Childs to develop their future scopes.

5. Conclusion

According to the overall context, it can be concluded that cognitive skills and social skills play a major role in developing the skills of a child. In this case, parents have a wide role in providing these major skills inside the child. Apart from that, this paper also addressed various kinds of major components that make the paper authentic. In other words, it has been seen that cognitive skills are involved with some aspects and these are normally decision making skills and problem solving skills. Problem solving skill is one of the major skills that support the

Childs to solve critical problems respectively. In other words, it has been seen that decision making skill is another major part that supports Childs to manage any problematic solutions within a short time. Additionally, it has been examined that this paper sheds light on some issues of social and cognitive skills. Communication is one of the major skills that are included under the section of social skills. Thus, this study focused on showing the major key points for presenting the authentic paper appropriately.

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