

## Working Memory And Inhibition In People With Broca's Aphasia

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### Summary:

Language and cognitive functioning allow human beings to interact and adapt to the demands of the world around them; in this sense, people with Broca's aphasia (PWBA) present a deficit which can seriously hamper their social autonomy. The interest of the present study is to evaluate cognitive functions relating to working memory (WM), and inhibition in 15 people with Broca's aphasia (PWBA group), in comparison with 15 healthy people (healthy group), which have the same characteristics. The analysis of intergroup differences shows that there is indeed a deficit in these functions in the PWBA group. The decline in the ability to maintain information at the WM level seems to explain the difficulties observed for the inhibition of distractors and attentional control. Age in the PWBA group is an aggravating factor. The speech therapy treatment provided to PWBA must take into consideration the deficits of these functions, which are strongly involved in language, in order to guarantee good language recovery.

**Keywords:** Working memory; inhibition; people with Broca's aphasia.

### 1- Introduction

Aphasia is a language disorder, due to neurological damage in the dominant language hemisphere, which presents in all linguistic modalities, oral and written; characterized by a loss of the ability to understand or produce language (Berg et al, 2022). According to the same authors, there is no consensus on the diffuse or focal nature of the attack, although the latter criterion is more commonly used. The brain damage is localized in Broca's or Wernicke's area, which are lateralized in the majority of cases in right-handed subjects in the left hemisphere compared to 60% of cases in the right hemisphere for left-handers (Perrotta, 2020). Other studies highlight that aphasia affects men much more than women. This can be explained by the bilateral distribution of language in the brain in women (Baron-Cohen, et al., 2005; Hausmann, 2016), in equal proportions the impairment seems more severe in men compared to women (Sharma et al, 2019). Among the causes answered are strokes, transient ischemic attacks, cerebral hemorrhages (Berthier, 2005; Funakoshi et al, 2020), which is explained by a significant increase in strokes in the general population (Modig et al, 2019; GBD 2019 Stroke Collaborators, 2021). The prevalence of post-stroke aphasia varies according to the different studies, ranging from 15% to 68% (Wallentin, 2018) or from 7% to 77% (Frederick et al, 2022). Language recovery is possible, but can take several months (Pedersen et al, 1995). The age of injury is an important factor for recovery (Kristinsson et al, 2022) and the extent of the initial lesion (Benghanem et al, 2019).

Aphasia can seriously affect the psychological balance of the subject, particularly when the use of language is essential for the patient (Laures-Gore et al, 2020; Lin et al, 2023), and lead to family imbalance (Bousebta, 2012).

For Perrotta (2020), aphasias are divided into two distinct groups, fluent aphasias marked by fluent speech unlike non-fluent aphasias marked by elementary syntactic production limited to a few words, where the use of gesture compensation is responded as we can see this in Broca's aphasia. This type of aphasia corresponds to the involvement of Broca's area, defined as the posterior parts of the inferior frontal gyrus, that is to say the pars triangularis and the opercular zone (Rogalsky et al, 2008). The damage extends to the subcortical territory limited to the putamen and the internal capsule (Perrotta, 2020). The language disorder is widely present in speech produced with agrammatism, syntactic reduction and phonemic confusion. The recall of verbs seems to impair much more than nouns (Kambanaros et al, 2013). According to Schoeman and Van der Merwe (2010) Broca's aphasia constitutes the classic form of non-fluent aphasia first described in 1861 by Paul Broca. The term Broca's aphasia is the one used in the Boston classification (Blom Johansson, 2012); it is defined when there is a speech disorder or loss, with a good understanding of the spoken language. Aphasia is non-fluent

if speech is hesitant and slow with numerous pauses and a lack of articulatory precision and prosody in speech. Some speakers are very non-fluent and have severe apraxia of speech. The dimension of fluidity is closely related to the anatomy of non-fluid forms of lesions anterior to the Rolandic fissure. Spontaneous speech is non-fluent, slow and effortless, with short sentences (Kearns, 2005). According to Blom Johansson (2012) Difficulties finding words (anomie) are common, particularly for verbs. Grammar is often incorrect, with agrammatism which would be linked to a deficit in syntactic construction (Sam, 2017), in particular function words (prepositions, conjunctions and articles) and endings are missing or incorrectly used. The ability to write is similarly compromised. Language comprehension is also affected, particularly when it comes to more complex grammar, but usually not to the same extent as speaking and writing skills.

Different studies highlight a significant deficit in executive functions, short-term memory (STM), and attention (Bruki et al, 2012; Majerus et al, 2015; Villard & Kiran, 2017), as well as WM (Wright & Shisler, 2005; Mayer & Murray, 2012), with a significant correlation between the severity of aphasia and the deficit in mental flexibility as well as in working memory for recall tasks such as digit span forward and backward (Lee & Pyun, 2014). Recall that WM according to Dehn (2008), supports cognitive processing including language as an interface between perception, STM, long-term memory (LTM) and goal-directed action. According to Nouani (2003, 2007), language is correlated with cognitive functioning, particularly in its symbolic dimension, which involves WM. This can be explained by the multi-component model of WM proposed by Baddelley (Demir, 2021), with a central management module and two slave modules, one for the entry of verbal and acoustic information (phonological loop), the other for the input of visual and spatial information (Visio-spatial notebook), with a fourth component, the episodic buffer or interface module between the slave modules and the LTM.

Akkad et al (2023), raise the issue of evaluating executive functions (EF) and WM in PWBA, from the moment when the cortical territories limited to Broca's area and the left inferior frontal cortices (LIFC) is particularly cognitively relevant. Damage to Broca's area, which encompasses Brodmann's area BA 44 and BA 45, is involved in cognitive processing including language, in fact according to Duncan (2013) Broca's area is not specialized in speech and language, but rather is part of a broader network of general cognitive processes that includes, but is not limited to, language. It constitutes the resource of verbal WM (Martin, 2003).

WM is involved in our ability to inhibit a distractor such as in the Stroop interference effect (Long & Prat, 2002), which involves the active and attentional maintenance of several operations, such as maintaining task goals and information relevant to interference or conflict resolution between competing responses; different studies link the capacity of WM to the inhibition of distractors (Kane & Engle, 2003; Unsworth et al, 2004), which can be explained by the limited capacity of WM (Lavie & Fockert, 2005); according to several authors, Broca's area (left inferior frontal gyrus) is significantly activated during the conflicting interference effect observed in the Stroop spot (Derrfuss et al., 2005; Chen et al., 2013; Guha et al, 2020).

The involvement of cortical territories relating to Broca's area, in language, verbal WM and inhibition, leads us to question the capacity of WM at the level of verbal retention (phonological memory span), as well as inhibition of distractors and conflict management in PWBA.

## 2- Methodology :

### 2-1- Method :

In this study, we will seek to evaluate the size of the phonological memory span in its passive form relating to STM and active form relating to WM, as well as the inhibition of distractors in people with Broca's aphasia. We believe that localized damage at the level of cortical territories BA44 and BA45 would hamper the capacities of WM in terms of retention and inhibition.

### 2-2- Sample :

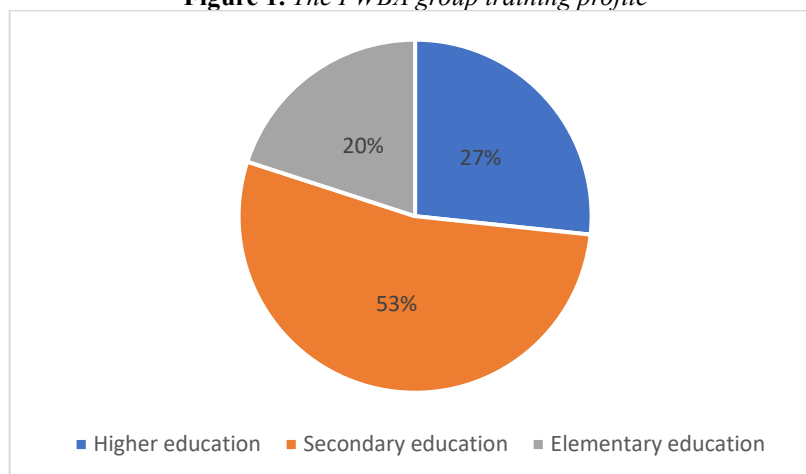
Our study includes two working groups, a first group composed of 15 people with Broca's aphasia (PWBA group), a second group composed of 15 healthy subjects (healthy group), N=15. The age range in both groups is from 36 years to 70 years. We wanted to respect the same characteristics between the two groups with regard to gender and level of education.

People with Broca's aphasia was contacted at the Tizi Ouzou University Hospital, for some, for others at private speech therapy booths. The characteristics of the PWBA and healthy group are shown in Table 1. Figure 1 explains the instructional profile of the PWBA group.

**Table1: Characteristics of working groups**

	Men	Women	Age (years)	Type of accidents	Age of accident on the date of assessment in months
Group1	12	3	36-68	ischemic stroke	7-13
Group2	13	2	39-70	////////////////	////////////////

**Figure 1.** *The PWBA group training profile*



The level of education seems sufficient to us, particularly for elderly subjects, for a good understanding of the instructions for examinations assessing phonological memory span and inhibition.

The diagnosis of Broca's aphasia was initially made on the basis of MRI, which reveals non-diffuse focal damage more or less extended to the posterior and medial part of the F3 and subcortical areas. No temporal or occipital damage was detected. The language examination with the Montreal Toulouse Algerian MTA (Zellal, 2002), the Boston Diagnostic Aphasia Examination BDAE (Goodglass & Kaplan, 1972), associated with the Token (De Renzi and Faglioni, 1978) confirms the non-fluent nature of the language with good preservation of understanding.

### 2-3- Assessment tools :

#### 2-3-1- Assessment of working memory:

To assess WM, we used the digit recall test of the Wechsler Adult Intelligence Scale-Revised (WAIS-R). This subtest has two parts :

- Digit recall in order (DSF): composed of seven series of digits ranging from three digits in the 1st to nine digits in the seventh. Each series has two trials. This test is specific to the passive backup of the STM.
- Reverse digit recall (DSB): composed of seven series of digits ranging from two digits in the 1st to eight digits in the seventh. Each series has two trials. This test is specific to active WM backup.

Scoring is one point per attempt. The award is stopped after two successive failures in the same series.

#### 2-3-2- Assessment of inhibition:

The STROOP test. This test assesses inhibition, which refers to the ability to prevent the generation of an automatic response. The test consists of three boards A, B and C:

- Test 1: Board A: Read as quickly as possible as many words as possible printed in black and white on-board A in 45 seconds.
- Board B: Read as quickly as possible as many words as possible printed in various colors on board B in 45 seconds
- Board C: Name the color of as many rectangles as possible on-board C in 45 seconds. Matches naming results.
- Plate B: Presentation of plate B a second time. The subject must name as many colors as possible on card B in 45 seconds. Corresponds to interference results.

The interference score is the difference between the naming results, minus the interference results.

### 3- Results :

We collected the raw results relating to WM, DSF and DSB, as well as those of the interference score of the PWBA group, and the healthy group; In order to carry out a comparison of means, and a correlation study, we have poured the previous results into the IBM SPSS Statistics 20 software.

#### 3-1- Comparison of WM means and interference score:

The t test for the intergroup comparison allowed us to obtain the results indicated in tables 2 and 3.

**Table 2:** Interference score averages, DSF; DSB

	Groups	N	Average	Standard deviation	Average standard error
Interference score	Healthy	15	41.8667	5.87813	1.51773
	PWBA	15	60.3333	10.39001	2.68269
DSF	Healthy	15	5.63	0.625	0.161
	PWBA	15	4.56	1.259	0.325
DSB	Healthy	15	4.37	0.353	0.091
	PWBA	15	3.43	0.986	0.255

**Table 3:** Value of the t test for independent samples and their significance

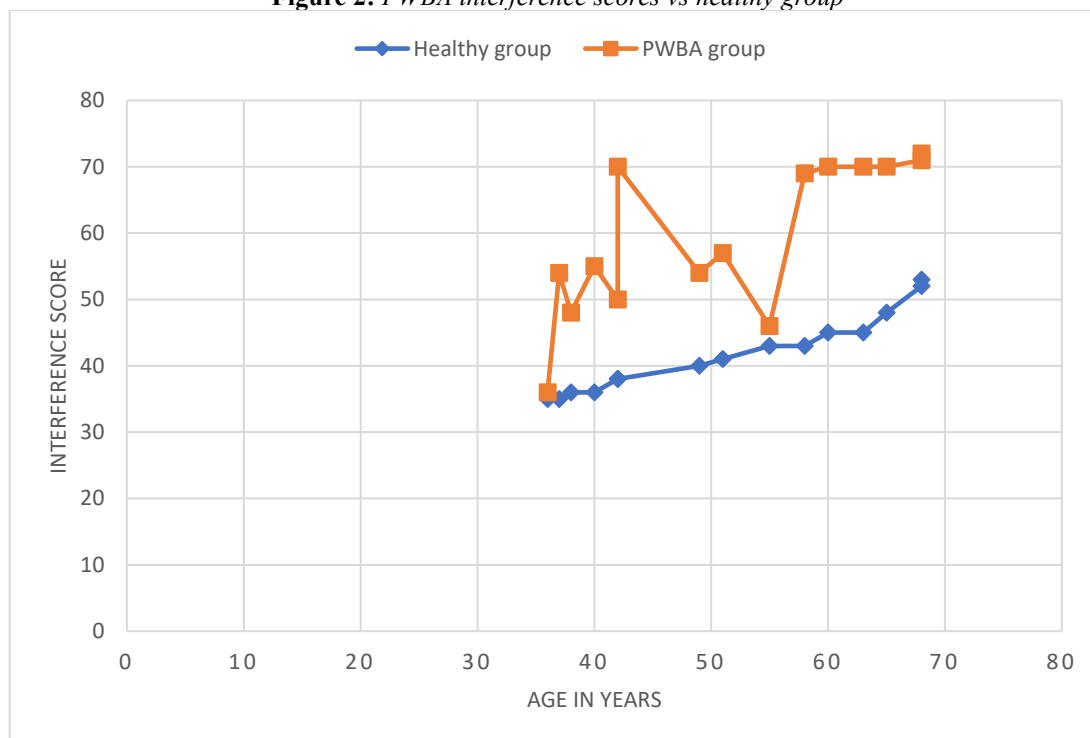
t	ddl	Sig. (bilateral)	Average difference	Difference standard deviation
-5.991	28	0.000	-18.46667	3.08226
-5.991	22.129	0.000	-18.46667	3.08226
2.957	28	0.006	1.073	0.363
2.957	20.509	0.008	1.073	0.363
3.457	28	0.002	0.935	0.270
3.457	17.524	0.003	0.935	0.270

We notice from tables 2 and 3 that there are significant differences ( $p < 0.05$ ) between the different variables:

1. Difference between interference scores: the PWBA group is higher than the healthy group with a difference of + 18.46, interference is greater in the PWBA group.
2. Difference between DSF scores: the healthy group is higher than the PWBA group with a difference of +1.07, the DSF is greater in the healthy group.
3. Difference between DSB scores: the healthy group is higher than the PWBA group with a difference of +0.93, the DSB is greater in the healthy group.

These differences are shown in Figure 2.

**Figure 2:** PWBA interference scores vs healthy group



Note first of all that the value of the interference scores increases with chronological age in both groups, however these scores are greater in the PWBA group compared to the healthy group. The values of the 1st case and the 9th of the PWBA group are close to the healthy group, unlike the other cases, particularly the 6th, with much higher scores closer to older subjects in the same group.

### 3-2- Correlation between the interference scores with those of the DSF and the DSB in the PWBA group:

The results of the correlation study are shown in Table 4, below.

**Table4 : Pearson correlation value**

Interference	Interference			
	Pearson correlation	1	forward	Backwards
	Sig. (bilateral)		0.000	0.001
	N	15	15	15
DSF	Pearson correlation	-0.816**	1	0.912**
	Sig. (bilateral)	0.000		0.000
	N	15	15	15
	Pearson correlation	-0.776**	0.912**	1
DSB	Sig. (bilateral)	0.001	0.000	
	N	15	15	15

\*\* The correlation is significant at the 0.01 level (two-tailed).

This correlation is shown in Figure 3.

**Figure 3: Correlation between interference scores and digit span forward and backward**

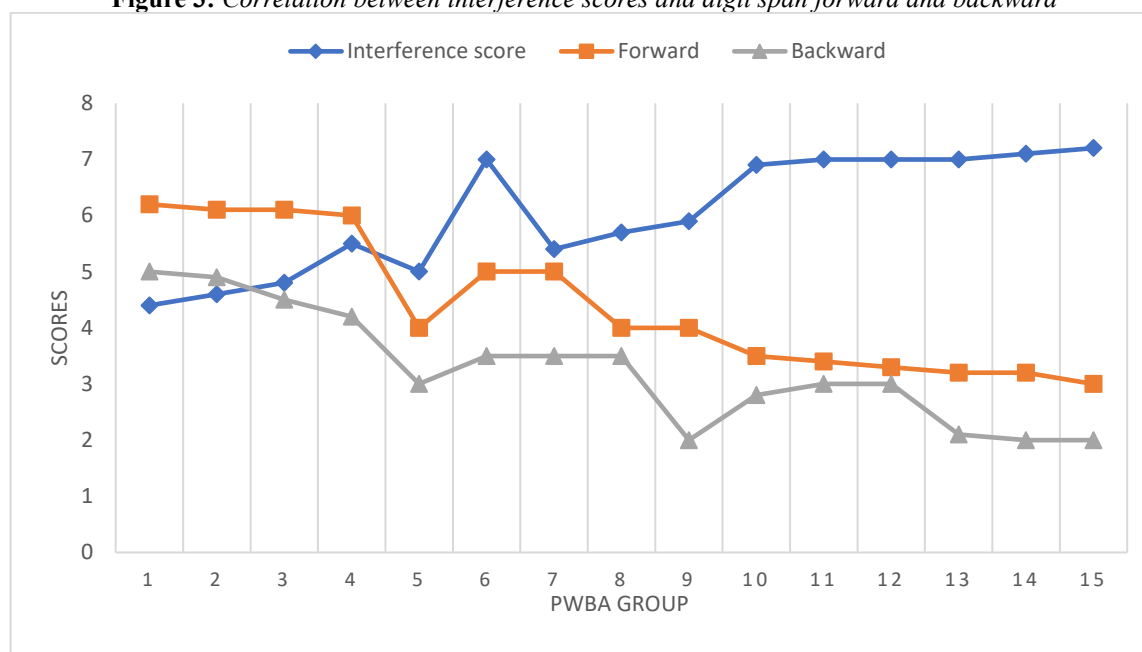


Table 4 shows us that there is a significant correlation proportionally inverse between the interference scores and those of the DSF and DSB. As Figure 3 explains, the more the interference scores increase, the more the size of the forward and backward phonological memory span decreases. Note that this negative relationship is not observed for the first four cases between the interference score and those of the DSF, unlike the DSB, with a drop in scores clearly visible from the 5th case.

### 4- Analysis and discussion :

The intergroup comparison shows that there are significant differences between the PWBA group and the healthy group, in favor of the latter (healthy group > PWBA group), for the interference score, the DSF and the DSB, with differences in respective averages estimated at 18.46. 1.07. 0.93. PWBA seem to have greater difficulty maintaining attentional focus on the required task, while inhibiting interference, with a significant degradation in the capacity to save the phonological memory span relating to the STM, or that of the WM. With greater difficulties for WM and a lower capacity as shown by the DSB score. Kessels et al (2008), as well as Laures-Gore et al (2011), emphasize that backward tasks are generally more difficult than forward tasks, both in healthy and clinical populations. The latter mainly depend on the phonological loop, while the manipulations necessary to reverse the order in backward tasks require the commitment of the central administrator, therefore a much greater cognitive effort. Different studies have shown significant correlations between WM performance, STM and the severity of Broca's aphasia (Howard & Nickels, 2005; Potagas et al, 2011; Wright and

Shisler, 2005; Mayer and Murray, 2012). With localization of the STM involvement at the level of the inferior frontal gyrus. Kasselimis et al (2018) found decreased verbal WM performance (in DSF) in PWBA with lesions in the inferior frontal gyrus.

Figure 2 shows that the effect of age is an aggravating factor, the more the age of the subject increases, the more their capacity to both inhibit interference and save data of a passive (STM) or active (WM) nature decreases. This effect is clearly observable from the age of 55, although this deterioration effect is natural in view of the curve relating to the healthy group (Grégoire & Van der Linden, 1997), aphasia seems to be an aggravating factor. The correlation observed in the PWBA group, between the interference scores and those of the DSF and DSB, could be explained by the interaction of the two operations, in fact the capacity to inhibit distractors and favor the target object relating to the requested task. requires sufficient backup capacity, the lower the latter, the more pronounced the interference effect. The effect of age also seems unfavorable (Van der Elst et al., 2006), although the meta-analysis carried out by Verhaeghen and De Meersman (1998) does not support this idea. Note here that the involvement of WM in the processing of verbal language is more important than that of STM (Baddeley, 2012), it also intervenes in attention and executive functioning such as updating, moving and inhibition of verbal information, (Murray, 2012; Martin & Allen, 2008), different studies put a direct link between the capacity of WM and the inhibition of distractors (Kane & Engle, 2003; Unsworth, et al, 2004; Lavie et al, 2004), which is explained by the limited capacity of WM (Lavie & Fockert, 2005). The damage to Broca's area in aphasic subjects, more precisely at the level of the left inferior frontal cortex (LIFC), affects not only language production but also cognitive functioning at the level of executive functions and WM (Martin, 2003; Akkad et al., 2023; Duncan, 2013).

### Conclusion:

PWBA show, even after several months of the stroke, a clear deficit in the ability to inhibit distractors and maintain attentional focus, as well as the ability to maintain verbal information in its passive and active form. Damage to Broca's area not only causes difficulties in language production, but also cognitively. This is explained by the involvement of the left lower frontal area relating to BA44 and 45, in particularly active general cognitive functioning (Top down), such as conscious manipulation. The limited maintenance capacity observed in people with Broca's aphasia adversely impacts attentional control. The effect of age, although present in the healthy group, seems more aggravating in PWBA subjects. The results relating to this study lead us to no longer limit Broca's aphasia to an impairment of language production, taking into consideration the decline in cognitive functioning. An assessment of cognitive functions in these subjects as well as the monitoring of their evolution seems imperative to any speech therapy treatment and to a large extent multidisciplinary.

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