

## Examining The Distribution Patterns Of Plant Species Diversity And Density Across Altitudinal Gradients In The High-Altitude Alpine Regions Of The Western Himalayas, India

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### Abstract

This study looks at how plant species diversity and density are distributed along altitudinal gradients in the high-altitude alpine regions of India's Western Himalayas. The research attempts to clarify how environmental conditions, such as height, influence the spatial distribution of plant species in this ecologically valuable area through field surveys and statistical studies. The study advances our knowledge of alpine ecosystems and provides guidance for conservation efforts in the face of environmental change by looking at patterns of variety and density. Gaining knowledge of the patterns of species richness and diversity and the mechanisms that govern them in the less-explored sections of the Himalaya can be extremely beneficial for investigating the forces that both form and affect the architecture of plant communities. In the alpine locales of the west Himalaya, India, the ongoing review looks at examples of plant species wealth and variety across different development types and their relationship to natural circumstances all through an altitudinal slope (3200 m-4800 m). There were 200 plant taxa recognized from the exploration district, with a more noteworthy level of spices, bushes, and trees) in the main three positions. Utilizing polynomial relapse to evaluate species extravagance, variety, and density designs for every development type along altitude slopes, a monotonically diminishing pattern ( $p < 0.05$ ) was seen all through cuts across, with the best qualities for spices.

**Keywords:** Plant Species, Density, High-Altitude, Alpine, Western Himalayas

### 1. INTRODUCTION

The distinct and varied ecosystems found in the high-altitude alpine regions of India's Western Himalayas are essential to preserving ecological balance and offering a range of ecosystem services. Due to their harsh environmental characteristics, which include cold temperatures, strong winds, and little nutrient availability, these areas are especially vulnerable to changes in the environment. The richness and density of plant species distribution patterns along altitudinal gradients are important characteristics of these ecosystems. Mountain ecosystems' ecological processes and environmental circumstances are greatly influenced by altitude. There are several vegetation zones as a result of major differences in temperature, precipitation, and soil properties that occur at higher elevations. Comprehending the variations in plant species diversity and density along altitudinal gradients is essential to understanding the biological mechanisms that govern these ecosystems and forecasting how they will react to environmental changes, such as climate change. Altitudinal gradients are important natural laboratories for investigating ecological patterns and processes, as previous research has shown. Studies carried out in other mountainous areas of the world have shown definite correlations between altitude and the diversity and density of plant species, with diversity generally peaking at mid-elevations and decreasing towards higher and lower elevations as a result of harsh environmental conditions and/or biotic interactions.

Nevertheless, in-depth research on the patterns of plant species richness and density distribution along altitudinal gradients in the Western Himalayan alpine regions is very scarce, despite the region's ecological significance. Plant diversity patterns in the region have not been thoroughly documented or analyzed due to the region's complicated geography, harsh weather, and logistical difficulties when undertaking research in high-altitude situations. In order to address the distribution patterns of plant species diversity and density along altitudinal gradients in the high-altitude alpine regions of the Western Himalayas, India, this study intends to close this knowledge gap through thorough field surveys and studies. Through the use of strong scientific methods and statistical tools, we aim to clarify the connections between altitude and the diversity and density of plant species, pinpoint the main environmental factors influencing these trends, and evaluate the consequences for managing and conserving ecosystems in the face of environmental change.

#### 1.1 Significance of Altitudinal Gradients

Altitude is an important component to take into account in ecological research since it has a significant impact on the biological dynamics and environmental conditions of mountain habitats. Different vegetation zones arise along altitudinal gradients as a result of a cascade of changes in temperature, precipitation, and soil properties that occur as altitude

increases. Different plant communities that are adapted to particular altitudinal ranges are supported by a mosaic of habitats created by these changes in environmental circumstances. Comprehending the importance of altitudinal gradients is crucial in deciphering the intricacies of mountain ecosystems, since they impact not only the dispersion of plant species but also ecosystem functions like nutrient cycling, water accessibility, and wildlife habitat suitability. Thus, studying plant diversity and density patterns along altitudinal gradients offers important insights into how mountain ecosystems function and adapt to changing environmental conditions, such as climate change, and informs conservation strategies and management practices.

### **1.2 Importance of Studying Plant Species Diversity and Density**

In ecological research, examining the diversity and density of plant species along altitudinal gradients is crucial, especially for comprehending the complex dynamics of mountain ecosystems. Indicators of ecosystem resilience and health, such as plant diversity and density, provide important information on how ecosystems function and adapt to changing environmental conditions. Through the analysis of plant species distribution patterns along altitudinal gradients, scientists can decipher the fundamental ecological mechanisms forming mountain ecosystems. Furthermore, plant diversity and density are essential to the health and functioning of ecosystems because they are directly related to services provided by the ecosystem, including as soil stabilization, water management, and carbon sequestration. Comprehensive research on the diversity and density of plant species is therefore necessary to establish baseline data for conservation initiatives and to guide management plans meant to maintain the sustainability and integrity of mountain ecosystems in the face of persistent environmental problems like habitat degradation and climate change.

## **2. REVIEW OF LITERATURE**

**Ahmad et al. (2020)** provides a thorough analysis of the plant community patterns seen in the Dhauladhar Mountains' vertical gradient in the Lesser Himalayas of northwest India. By means of rigorous field surveys and strong statistical analysis, the writers clarify the complex interactions among altitude, ambient conditions, and vegetation type. Their results, which show that diverse assemblages are found in various elevational zones, highlight the significance of height as a major factor influencing the formation of plant communities. The study also emphasizes how susceptible these ecosystems are to environmental stresses, underscoring the necessity of conservation initiatives to protect the region's unique biodiversity.

**Bhat et al. (2020)** advances our knowledge of the patterns of species diversity in the Western Himalayas over altitudinal gradients. By using a methodical sampling technique, the researchers are able to identify interesting patterns of species turnover and distribution while also documenting the richness and composition of woody vegetation at different elevations. Their research advances our understanding of the biodiversity of the Himalayas and emphasizes the vital role that altitude plays in forming biological communities and promoting interspecies cohabitation. Furthermore, the research provides important insights for setting priorities for conservation strategies in the face of increasing environmental challenges by identifying hotspots of biodiversity and areas of conservation concern.

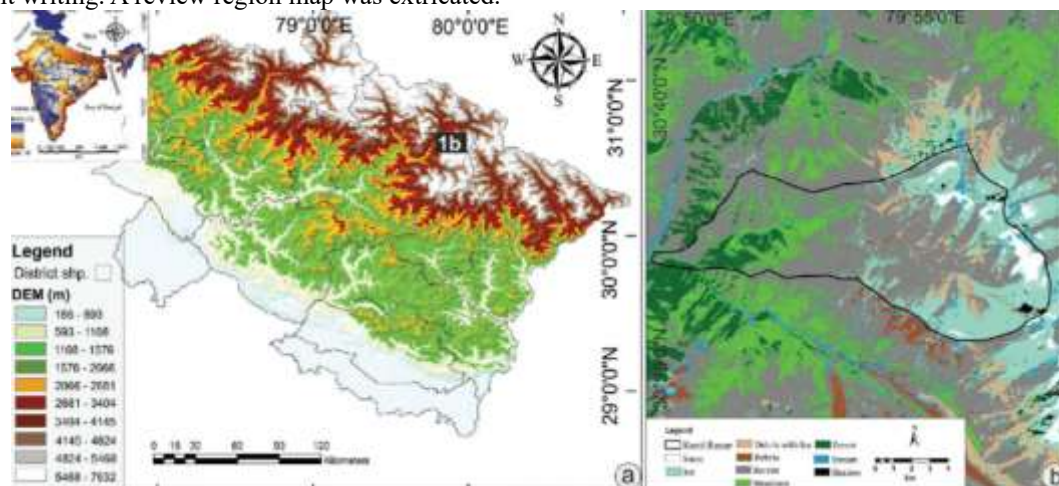
**Bisht et al. (2022)** Examine how human pressure affects the diversity and richness of plant species in high-altitude protected areas in the Indian Himalayas. The authors clarify the varied reactions of plant communities to anthropogenic disturbances across different elevation gradients by revealing the complex effects of human activities on Himalayan ecosystems through a combination of field surveys and remote sensing techniques. Their research emphasizes how critical it is to implement sustainable management techniques and legislative changes to lessen the negative effects of human encroachment on delicate mountain ecosystems and protect the priceless biodiversity that these pristine landscapes are home to.

**Chawla et al. (2008)** go across the Western Himalayan region's Bhabha Valley to explore the nuances of plant species variety over an altitudinal gradient. With painstaking fieldwork and thorough statistical analysis, the researchers reveal the extraordinary diversity and makeup of plant communities at different elevations. The study offers a comprehensive comprehension of the elements influencing the distribution patterns of species, illuminating the impact of terrain, climate, and altitude on plant diversity. The research provides important insights into the biological dynamics of high-altitude ecosystems in the Western Himalayas by defining separate vegetation zones and identifying important environmental variables.

**Das et al. (2020)** enhances our knowledge of Himalayan biodiversity by investigating the patterns of species richness of various living forms along altitudinal gradients in the Great Himalayan National Park. Using a broad methodology that encompasses a variety of life forms, such as climbers, shrubs, trees, and herbs, the researchers reveal the complex mosaic of species distributions along elevation gradients. Their work highlights the critical role that environmental factors play in forming plant communities in the Western Himalayas by revealing notable variations in species composition and richness along altitudinal gradients. Furthermore, the research offers important insights for conservation planning and management in the area by clarifying the distinct contributions of various life-forms to overall biodiversity patterns.

### 3. MATERIAL AND METHODS

The investigation was carried out in Uttarakhand's west Himalayan high-altitude (>3000 m) alpine regions. Due to its location in the Himalaya's rain shadow, the area is immune to the Indian monsoons. As a result, it is known for its high altitude non-monsoonal regime and harsh weather, which includes daily temperature swings between -40°C and -40°C, little to no rainfall (less than 600 mm), strong winds, and snowfall. Besides, the region is comprised of dry uneven regions made of Tethyan ocean bed residue and sandy-topsoil with a lot of earth and low natural substance. There are two sorts of vegetation in the areas: mild woods with an open overhang and knolls and bushes with hindered development. Six altitude cuts across were picked for vegetation assessment Figure 1 (see S1 Table) following various field visits and survey of relevant writing. A review region map was extricated.



**Figure 1:** locations of seven height transects that have been researched in Uttarakhand's mountainous regions.

#### 3.1 Sample design and vegetation assessment

From 2018 to 2021, the study carried out extensive survey excursions in specific transects to create a baseline of plant species encompassing all living forms. Plant specimens were taken in accordance with the parameters outlined in the IUCN Policy Statement and with authorization from the State Forest Department. Specimens on voucher were placed in the GBP National Institute of Himalayan Environment herbarium. Standard techniques, prior herbarium records, and local and regional floras were utilized to identify the plants. Using stratified random sampling, the compositional patterns of the vegetation were examined. Transects were separated into bands of varying altitude, and sample plots were created within each band. To study plant diversity and abundance, phytosociological methodologies were used, and the Important Value Index was developed.

#### 3.2 Data processing

The circulation of a few environment types along level inclinations was mathematically demonstrated by the review utilizing quadratic models, which were picked in view of genuinely critical  $r^2$  values ( $P < 0.05$ ). ANOVA was utilized to highlight models with altogether high  $r^2$  values by contrasting assessed F-values and essential F-values. To assess local area piece along altitude cuts across, non-metric multi-faceted scaling (NMDS) and permutational multivariate investigation of fluctuation (PERMANOVA) were utilized. Plant taxa were named utilizing their contracted logical names to make appointment plots. Species wealth, variety, and density were contrasted with a couple of picked climatic qualities utilizing Pearson's connection coefficient approach. With appointment graphs showing the kinds of communications between soil elements and vegetation circulation, sanctioned correspondence examination (CCA) was utilized to assess joins between natural boundaries and species creation.

### 4. DATA ANALYSIS AND RESULT

#### 4.1 Floristic diversity pool

Throughout the review, 200 vascular plants from 100 species and 50 families were found over the 3200-4800 m scope of the Uttarakhand alpinics (S2Table). Nine of these are gymnosperms, which are organized in six genera and three families; the excess plants are angiosperms. With 30 plant taxa, the Asteraceae family was the most pervasive, trailed by the Rosaceae and Ranunculaceae. Herbaceous propensities ruled the development structures, with bushes and trees trailing behind. The plant populace arrived at its greatest in the least zone, 3000-3500 m (72% of all out vegetation), in contrast with 500 m level zones. This was trailed by 3501-4000 m, 4001-4500 m, and 4501-4800 m, as displayed in Table 1, which

shows a constant drop in the quantity of plant species with expanding altitude. Higher level taxa (genera and families) showed a quicker decrease in dispersion with altitude than did species (Table 1). The qualities for species to genera (S/G) and species to families (S) not entirely settled for the whole scene and were 1.1, 2.0, and 1.7 for trees, bushes, and spices, individually. Besides, S/G and S/F values for trees and bushes diminished monotonically from lower to higher zones all through the altitude zones. Notwithstanding, for spices Table 1, the (S/F) proportion in the 3501-4000 m zone was more prominent than in the 3000-3500 m zone.

**Table 1:** In Uttarakhand's high-altitude alpine region, there is a floral variety pool (S-Species, G-Genus, F-Family) along an altitude gradient.

Altitudes (m)	Trees					shrubs					Herbs					
	S	G	F	S/G	S/F	S	G	F	S/G	S/F	S	S	G	F	S/G	S/F
3000–3500	10	9	6	1.6	1.9	39	21	14	1.10	3.1	148	99	50	40	1.6	3.7
3501–4000	5	5	5	1.2	1.2	26	17	12	1.6	2.5	136	90	39	36	1.6	4.1
4001–4500	-	-	-	-	-	11	10	8	1.2	1.6	98	64	32	30	1.4	4.2
4501–5000	-	-	-	-	-	3	3	3	1.3	3.5	26	20	15	15	1.3	2.6

The data presented depicts the distribution of trees, shrubs, and herbs in the examined area across various height ranges. There were different counts of trees, shrubs, and herbs in the height zones of 3000–3500m, 3501–4000m, 4001–4500m, and 4501–5000m identified. There were much more trees than shrubs or plants in the 3000–3500 m altitude range (10, 9, and 6 individuals, respectively). In contrast to trees and herbs, shrubs showed a somewhat higher Simpson's Diversity Index (S) and Species Density (F) when it came to species diversity and density. In line with this, shrubs have higher species richness to Simpson's Diversity Ratio (S/G) and species richness to Species Density Ratio (S/F) than trees or herbs, suggesting a more varied community structure. This pattern continued into higher altitude ranges, where shrubs continuously showed greater diversity and density metrics than herbs and trees. Overall, our results point to the importance of shrubs in preserving biodiversity in the examined area along height gradients, and they may also represent valuable resources and habitats for a variety of wildlife species.

Aside from this, beta diversity made a relatively small contribution to the transect level species richness of Byans, Johar, Mana, and Nelang for trees, but a large one for herbs and shrubs. On the other hand, shrub species in Niti-Malari showed rapid change, whereas herb and tree species changed slowly in Darma (Table 2).

**Table 2:** Variations in beta diversity between transects and life kinds.

Life forms	Byans 1	Byans 2	Darma	Johar	Mana	Nelang	Niti-Malari
Trees	2.71	2.59	3.14	2.60	2.90	3.15	2.71
Shrubs	3.15	6.40	2.16	3.02	7.15	5.30	4.40
Herbs	5.20	5.11	2.10	4.39	6.15	5.40	2.82

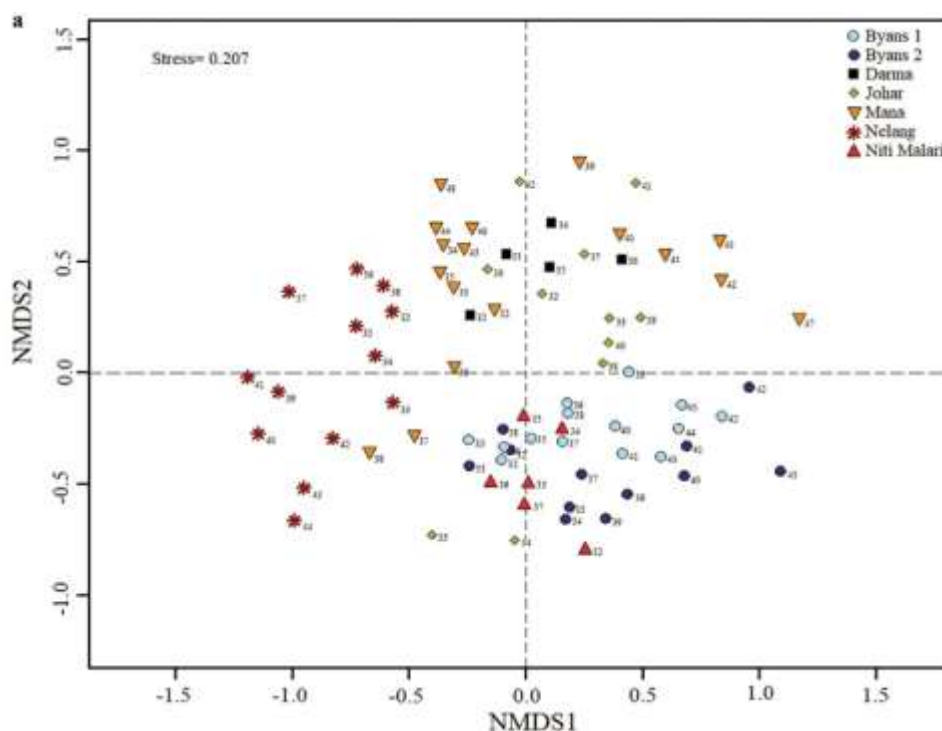
The data shown displays the beta diversity values for different types of life along seven different transects. One important statistic that shows how much species change occurs between various habitats or places is beta diversity. There are noticeable variations in the beta diversity values for trees, shrubs, and plants along the transects. As an illustration, the Byans 2 transect shows comparatively lower beta diversity values for trees and shrubs than other sites, but Mana consistently has the highest values for all living forms, indicating a significant shift in the species composition of this region. On the other hand, the Darma transect indicates a more stable species composition by continuously showing lower beta diversity values across all living forms. These results highlight the geographic variety in species turnover and composition throughout the transects under study, highlighting the complex processes of biodiversity in the area.

#### 4.2 Relationship of compositional features at different altitudes

Considering that the alpine treeline region in the west Himalayas by and large ranges from 3000 to 4000 meters, the treeline in the ongoing still up in the air to be somewhere in the range of 3200 and 3900 meters, with 1-3 tree species, 3-5 bushes, and 7-9 spices for each plot. A second request polynomial relapse showed a critical fit ( $p < 0.05$ ), with both lavishness and variety monotonically declining with rising altitude. Examples of species lavishness and variety of particular development structures over altitude rangewere displayed. Up to the upper hard limits, the variety of spices and bushes was moderate, however the decrease in tree variety was huge in the altitude zone of 3600-3800 m, without any species saw over 4000 m. Furthermore, the density conveyance all through the level inclination of different development structures followed a declining design that was comparable. Density for different size classes (trees, saplings, and seedlings) radically dropped at higher rises, with tree densities going from 10-540 ind/h, sapling densities from 10-80 ind/h, and seedling densities from 100-1000 ind/h. Concerning densities of bushes and spices comparable to altitude, a fairly moderate however significant drop ( $p < 0.05$ ).

#### 4.3 Vegetation composition across different transects

A significant slope that isolated the example (plots) and species between cuts across, as well as the altitude range along the initial two pivot (NMDS1 and NMDS2), was likewise shown by the NMDS of vegetation overflow and the consolidated dataset of cuts across under study (Figure 2). The proclivity between different altitudinal vegetation zones was highlighted by the way that partition along the primary pivot made sense of 40% of the variety while detachment along the subsequent hub made sense of 20%. Various groups addressing vegetation zones were found along all cuts across, every one of which was perceived by a specific species. *Aconogonum tortuosum*, *Melica persica*, *Poa tibetica*, *Sisymbrium brassiciforme*, and *Urtica hyperborea* are among the species that involve the plots at higher altitudes (3900-4400 m) that are more like each other along the Nelang cut across, which frames a group at the adverse finish of the principal hub. Comparable species, for example, *Carex nivalis*, *Delphinium brunonianum*, *Primula denticulata*, *Rheum webbianum*, and *U. dioca*, framed a particular bunch towards the adverse finish of the subsequent pivot, limited by lower and mid-altitude plots of Byans 1 (3200-3700 m) and Byans 2 (3200-3800 m) and NitiMalari cut across plots. On the other hand, the higher altitude plots in Byans 1 (>3800 m) and Byans 2 (>3900 m) made a novel group towards the positive finish of the primary hub, which was possessed by species including *Saxifraga flagellaris*, *Leontopodium brachyactis*, *Christolea himalayensis*, and *Ranunculus palmatifidus*. Johar's review plots showed huge contrasts in species sythesis along the angle of altitude since they were scattered over the four quadrants. With the Darma cut across showing vicinity in their species piece occupying *Cotoneaster* spp., *Convolvulus arvensis*, *Polygonum polystachyum*, and *Rosa macrophylla*, lower (3200-3500 m) and higher altitude plots (4400-4800 m) in Mana framed various groups. While the 3900-4300 m zone was scattered along the positive finish of the primary pivot with species including *Galium asperuloides*, *Nardostachys jatamansi*, *Picrorhiza kurroa*, *Poa compressa*, and *Saussurea simpsoniana*, the mid-altitude zones in Mana, or 3600-3800 m, exhibited likenesses with Nelang. As a general rule, test plots at lower cut across altitudes were all the more thickly pressed in the focal point of the two tomahawks, containing normal plant species. Most of test plots at higher heights were situated at the limits of the two tomahawks, demonstrating an ascent in species creation extraordinariness as altitude expanded.



**Figure 2:** The species composition of sample plots along the research transects height gradients is represented using non-metric multi-dimensional scaling (NMDS).

#### 5. DISCUSSION

The data analysis and results section's findings provide insight into the floristic variety and compositional characteristics of Uttarakhand's alpine region in the West Himalayas. The research revealed a diverse range of vascular plants, including 50 families and 100 species, with the majority of growth forms being herbaceous in habit. A steady drop in species richness was detected in the distribution of plant taxa with increasing altitude. This suggests that plant variety declines with

altitude, which is consistent with the overall pattern seen in mountain ecosystems around the world. It's interesting to note that higher-level taxa, including genera and families, reduced their distribution with altitude more quickly than species did, indicating that different taxonomic groups responded differently to altitudinal gradients. The examination of beta diversity found differences in the distribution of species turnover over various transects, with Mana consistently displaying the greatest values of beta diversity among all living forms. When compared to other transects, this shows a considerable turnover in the species composition within the Mana region. On the other hand, the Darma transect showed lower values of beta diversity for all life forms, indicating a more stable mix of species. These results emphasize the complex dynamics of biodiversity in the region by highlighting the regional variety in species turnover and composition over the transects under study. The distribution patterns of trees, shrubs, and herbs along altitude gradients were shed light on by the altitudinal association of compositional traits. The study determined that the alpine treeline was located between 3200 and 3900 meters, and that species richness and variety decreased as altitude increased. The height range of 3600–3800 meters showed a notable decrease in tree diversity, with no species found over 4000 meters. This implies that the distribution of tree species in the alpine zone may have an upper limit, which is probably controlled by climatic variables like temperature and moisture availability.

Different transects' vegetation composition showed unique patterns, with species composition changing as one moved along an altitudinal gradient. Common plant species were present in sample plots at lower transect elevations, and they were closely clustered in the middle of both axes, suggesting greater species richness and density. On the other hand, sample plots situated at greater altitudes were situated at the extremities of both axes, suggesting that species composition rarity increased with height. These results highlight how crucial it is to take environmental gradients and spatial heterogeneity into account when attempting to comprehend the patterns of biodiversity and vegetation composition in alpine ecosystems. Overall, the data analysis and findings reveal the intricate interactions between environmental factors that shape plant community structure and biodiversity, offering insightful knowledge on the floristic diversity and compositional characteristics of the alpine region in Uttarakhand, West Himalayas. These discoveries advance our knowledge of mountain ecosystems and have implications for management and conservation strategies meant to protect biodiversity in these delicate ecological zones.

## 6. CONCLUSION

This study is an endeavor to distinguish the principal environment determinants influencing vegetation designs and to record and investigate the floristic creation of high-altitude alpine zones that container across Uttarakhand, west Himalaya, along an altitude inclination. Concordant outcomes from appointment investigation (NMDS and CCA) and progressive bunching highlighted the altitudinal vegetation zonation all through the review district and its association with ecological factors. There are not very many phytosociological concentrates on that lead a few cuts across and look at life structures in high-altitude alpine settings, especially in the Indian Himalayan district. Inside this structure, the ongoing examination additionally attempts to think and compare vegetation conveyance designs along cuts across of different levels across longitudinal inclinations. The ongoing review gives comparative environmental informational collections in this setting to address the conveyance example of seven altitudinal cuts across. With most prominent qualities in the lower altitude zones (3200-3500 m), species lavishness and variety along the altitude slope in the alpine locale showed a monotonic decline, both in general and by development types. Alongside more noteworthy assortment and the presence of interesting species fit to endure unforgiving climatic circumstances, beta variety additionally rose with altitude.

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