

A Role Of Acidum Phosphoricum Medicine In Management Of Diabetes Mellitus Type 2

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Abstract-

This case report aims to explore the potential role of acid phosphoricum as a complementary treatment in managing diabetes mellitus type 3

Case study: A 58 year male patient case study conducted over 6 month, the patient diagnosis with diabetes mellitus type 2 was administered acid phos 200c 1p along side standard anti diabetic medication, clinical parameters, including blood glucose level were monitored along with subjective reports of fatigue nad general well being.

CHIEF COMPLAIN WITH ODP:

The patient has complained of Burning urination since last 6 months. While urination burning in parts. There is painand heaviness in head especially in forehead. Pain started **from fright**++ years ago. It gets **worse from stress, sometimes increasing heart beat**. Because of pain in head ++. In sometimes noises in ear, at night, like something roaring sound in right side ear. Nausea and vomiting is also accompanied with headache. Besidesthis there is stitching type of pain in both the knees since last 1 months..

Associated complaint: none

Personal history:

- Appetite: Desire to food, vegetarian diet, no change in appetite
- Thirst:10-12 glasses/day; no change in thirst
- Desire: salt, sweets,tea
- Aversion: none
- Urine: pale yellow, 9-10 times a day (Desire to urination)
- Bowel: Diarrhoea, 2 to 3 times when food changes
- Sleep: disturbed due tofright, 2-3hourssleephardly, dreamsfrightful
- Perspiration: scanty, odourless
- Thermalstate: chill aggravates,
- Baths with warm water, needs one
- covering like1blanket, need fan on 1speed

Menstrual history: NOT Applicable

Pasthistory: 10 years ago suffering from Typhoid and chickgunea.

Family history: Father died of brain haemorrhage at the age of 75 years.

Mother: alive, mother Suffering from Diabetes mellitus type 2.

Lifespace:

patient born and bought at Village bhadrod, in middle class family. His schooling and education in village, after sometime his father passed away, he his younger in his house, so all responsibility on him. After his marriage, he was happy and life move on, After 18 years marriage life marriage, some troubles arriesed, his wife has issue regarding money, property and other issue like marriage issues. So regularly and gradually complain increased fighting with her wife. He disappointment

about her wife and love. So continue remain in gerif. He taking alcohol, gadraully he became addicted. patient Started taking medicine of depression, he feels the fear of death. and after he checked up for laboratory investigation, diabetes mellitus presented, so he take allopathic medicine.

Mental symptoms:

Fear of death++

Fear of being Alone

Physical examination:

Vitaldata –

Pulse: 76/ Min

BP: 140/90 mm of Hg

RR:16/Min

Temp: 98.8F

General examination:

Skin: Pale Nails: Dark

Lymph node: not palpable

Appearance: average built

Throat: no enlargement of tonsils Tongue: dry cracked

Nose: no DNS or nasal polyp Ears: NAD

Conjunctiva: pale

Glands: not palpable

Systemic examination:

1. CARDIOVASCULARSYSTEM

a. Peripheral examination:

▪ Hands: warmth / sweating / peripheral cyanosis / clubbing: NAD

▪ Face: central cyanosis /carotid pulse: NAD

b. Precordium:

▪ Inspection: scars / visible apex beat / abnormal pulsation: NAD

▪ Palpitation: (when he in stress, anxious and disturbed mentally) increase Heartbeat (O/E–Normal)

▪ Auscultation: heart sounds / murmurs / bruits : NAD

2. RESPIRATORY SYSTEM:

Peripheral examination:

▪ Signs of breathlessness, respiratory distress : NAD

▪ Hands : clubbing, tremors : NAD

▪ Face : anaemia, central cyanosis, lymphadenopathy : NAD

Examination of the chest:

▪ Inspection : shape / scars / asymmetry / breathing : NAD

▪ Palpitation: trachea–position / chest expansion / tactile vocal fremitus : NAD

▪ Percussion: sound: Dull/Resonant/tympanic: NAD

▪ Auscultation: breathsounds /wheeze/ rales/ crackles/rubs: NAD

3. ABDOMINAL EXAMINATION:

a. Inspection: shape / symmetry / distension / scars or striae / prominent veins / hernia / visible peristalsis: NAD

b. Palpitation:

♦ General : tenderness / palpable mass / rebound tenderness: NAD

♦ Liver: palpable / tender: non-tender, nonpalpable

♦ Spleen: palpable/tender:non-tender, non palpable

♦ Kidney: palpable/tender:non-tender, nonpalpable

c. Percussion: tympanic / dull : NAD

d. Auscultation : bowel sounds / arterial bruits : NAD

4. MUSCULOSKELETALEXAMINATION

• Gait : symmetry / movements : NAD

• Arms : movements /deformity/power/grip/tenderness: NAD

- Legs/knee/ankle/foot:crepitus/swelling/tenderness/redness: NAD
- Spine: deformity/flexion/extension: NAD

5. CENTRALNERVOUSSYSTEM

- Motor examination:
- General: symmetry/wasting/hypertrophy/fasciculation:NAD
- Tone: normal
- Power: normal
- Reflexes (mark in grade 0 to +++)
- (a) Knee:
- (b) Ankle:
- (c) Plantar:
- 2. Sensory examination:
- Co-ordination: Present
- Gait: Normal
- Touch: Present
- Pain: Present
- Temperature: normal
- Proprioception: Present
- Vibration: Present

Investigation:

FBS: 214 mg/dl

PP₂BS : 349 mg/dl

Urine : Sugar present in Urine and

Diagnosis of disease: Diabetes Mellitus type 2

Diagnosis of miasm: Psora

Analysis of symptoms:

1. Mental general: A/F: Alcoholis
2. Mental general: fear of death
3. Mental general: Grief – disappointment of love – silent thought of love
4. Physical particular: head pain agg mental exertion
5. Physical particular: Right Side Ear – Noises while roaring
6. Physical particular – Mouth desire to eat food
7. Physical particular – Profuse Salivation
8. Physical Particular – during night in bed palpitation of Heart (while lying in bed increase the heartbet)
9. Physical particulars – Urethra - urination – oain and burning in urethra
10. Physical Particulars – Rectum – in change of diet diarrhoe sets in.

Evaluation of symptoms:

1. Fear of death – everytimehe feels fears of death
2. A/F: Alcoholism +++
3. Grief –silently due to disappointment from love ++
4. Head pain agg when mental exertion increase, fromstress, in the morning+
5. Right side ear noises while roaring
6. Profuse salivation
7. Desire to taste of food or
8. Palpitation of heart +
9. Burning pain while urinatin +
10. In change of diet diarrhoe sets in.

Totality of symptoms:

1. Fearofdeath – everytime he feels fears of death
2. A/F: Alcoholism +++
3. Grief –silently due to disappointment from love ++

4. Headpainagggwhenmental exertion increase,fromstress,inthemorning+
5. Right side ear noises while roaring
6. Profuse salivation
7. Desire to taste of food or
8. Palpitation of heart +
9. Burning pain while urinatin +
10. In change of diet diarrhoe sets in.

Rubrication:

1. General –Diabetes Mellitus
2. Mind – Ailments from – alcoholis
3. Mind- Fear – death
4. Mind – Grief – silent – love from disappointed
5. Head- pain – mental exertion – agg
6. Ear – Noises in – roaring – right
7. Mouth – Taste – food, of –eaten
8. Mouth – Salivation – profuse
9. Urethra – Pain – burning – urination – during
10. Chest – palpitation of heart – night – bed in
11. Rectum -Diarrhea - diet – change of diet; least

Reportorial Result:

1. Phosphoric Acid
2. Phosphorus
3. Natrum Mur
4. Sulhpur
5. Nux Vomica
6. RhusToxico

Final selection of medicine:

Now when the case is referred to material medica picture, repertory and all it is showing that Phosphoric Acid is suitable to the case. So 200 potency is selected.

Remedy and potency selection:

Phosphoric Acid 200 (1PACKET)

Saclac4 pillsTDS for1month

Follow up:

Date	Symptoms	Prescription	Remarks
29/3/23	Sometimes fear of death + Right side noises dcrease Headache frequency in decrease Burnng in urination	Acid phosphoricum 200 4 Pills OD S. L 3 Pills TDS	PP ₂ BS – 220
29/5/23	Salivation sometime Desire to eat food Increase hearbeat at night	Acid Phosphoricum 200 1 Single dose S. L. alternate day	PP ₂ BS : 169
22/6/23	Mentally feels sad or grief If foods changesDiarrhea sets but frequency and intensity decrease Feels better	Acidumphosphoricum 200 (1P)Saclac4pillsTDSfor1month	PP ₂ BS : 150
28/07/23	Feels better Mentally feels free and thought/ fear of death reduced Dcrease complain of palpitation Headache decrease	Acidumphosphoricum 200 OD one dose Sac lac 4 pills 2 times in week	FBS : 138 mg/dl PP ₂ BS :150