

## Analyzing Rubric of Urticaria From Synthesis Repertory 9.1-A Case Report

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### Abstract

A Rubric is a specific symptom or group of symptoms that are used to guide the selection of a homeopathic remedy, here gradation provide a detailed framework for repertorizing and analyzing urticaria cases in homoeopathic practice. In Homoeopathy, urticaria is considered a symptom of an underlying imbalance or disturbance in the body's energy. The homoeopathic approach focuses on treating the individual, rather than just the symptoms, to restore balance and promote overall well-being. and synthesis 9.1 adds more armor to the homeopathic tool-kit and make available lot of 'integrated' information that will prove useful to every homeopaths.

**Keywords:**Urticaria, analysis of Rubric, unique formation,Synthesis 9.1

### Introduction:

A Rubric is a "heading or title under which a group of symptoms are classified in a repertory, indicating a particular characteristic or modality of a symptom".

### Types of Rubrics:

- 1.General Rubrics:** Broad, general symptoms, such as "Urticaria" or "Headache".
- 2. Specific Rubrics:** More specific symptoms, such as "Urticaria from cold" or "Headache from mental exertion".
- 3. Modal Rubrics:** Rubrics that describe the circumstances under which a symptom occurs or is alleviated, such as "Worse from cold" or "Better from rest".

### Importance of Rubrics:

- 1. Remedy selection:** Rubrics guide the selection of homeopathic remedies based on the patient's symptoms.
- 2. Symptom analysis:** Rubrics help analyze and understand the patient's symptoms, allowing for a more accurate diagnosis and treatment plan.
- 3. Repertorization:** Rubrics are used in repertorization, the process of selecting a remedy based on the patient's symptoms.

❖ Analysis of Rubrics of Urticaria from Synthesis 9.1 are as following:

#### 1. Rubrics which consider 4 marks (First gradation) of medicine of skin chapter

Skin- ERUPTION- urticaria- cold: air RHUS-Tk\*

#### 2. Rubrics Which Consider Single medicine in 4 Marks (First gradation) of skin chapter

Skin- ERUPTION- urticaria-wet from becoming: RHUS-Tk\*

#### 3. Rubrics which consider in 3 marks ( second gradation ) of single medicine

Skin- ERUPTION- urticaria-night- apis

Skin- ERUPTION- urticaria- burning- crot-c

Skin- ERUPTION- urticaria- chill- after-apis

Skin- ERUPTION- urticaria- cold- agg- sepia

Skin- ERUPTION- urticaria- cold-agg becoming- dulc

Skin- **ERUPTION**- urticaria- crops in-**crot-c**  
Skin- **ERUPTION**- urticaria- **ant-c**

#### 4. Rubrics which consider in 2 marks ( third gradation ) of single medicine

Skin- **ERUPTION**- urticaria- morning: **Bell**  
Skin- **ERUPTION**- urticaria- accompanied by: odema: **Apis**  
Skin- **ERUPTION**- urticaria- rheumatic: complaints: **Urt.u**  
Skin- **ERUPTION**- urticaria- air; in open: agg: **Dulc**

#### 5. Rubrics which consider in 1 Marks (fourth gradation) of single medicine

Skin- **ERUPTION**- urticaria- morning: waking on: **bov**  
Skin- **ERUPTION**- urticaria- forenoon-: **bov**  
Skin- **ERUPTION**- urticaria- afternoon- **chlol**  
Skin- **ERUPTION**- urticaria-afternoon: 16 h: **sulfonam**  
Skin- **ERUPTION**- urticaria-. Evening: **hyper**  
Skin- **ERUPTION**- urticaria- accompanied by: aodema: **vesp**  
Skin- **ERUPTION**- urticaria- accompanied by: pinworm: **urt-u**  
Skin- **ERUPTION**- urticaria- accompanied by: rheumatic complaints-**pin-s**  
Skin- **ERUPTION**- urticaria- accompanied by: suddering: **ap-g**  
Skin- **ERUPTION**- urticaria- accompanied by: bronchial tubes; complaints of the- **pin-s**  
Skin- **ERUPTION**- urticaria-acute: **adren**  
Skin- **ERUPTION**- urticaria-air; in open: amel: **calc**  
Skin- **ERUPTION**- urticaria- alternating with: asthma- **calad**  
Skin- **ERUPTION**- urticaria-aternating with: stomach pain in: **ap-g**  
Skin- **ERUPTION**- urticaria- apyrexia; during: **apis**  
Skin- **ERUPTION**- urticaria- ascarides; with: **urt-u**

#### 6. Rubrics which consider cross references

Skin- **ERUPTION**- urticaria- (↗ angioedema; GENERALS- Allergic)  
Skin- **ERUPTION**- urticaria- accompanied by: erysipelas (see Erysipelas- accompanied- urticaria)  
Skin- **ERUPTION**- urticaria- accompanied by: indigestion( see**STOMACH**- indigestion- accompanied-urticaria)  
Skin- **ERUPTION**- urticaria- accompanied by: rheumatic complaints( see**GENERALS**- pain- rheumatic- accompanied-urticaria)  
Skin- **ERUPTION**- urticaria- accompanied by: Bronchial tubes; complaints of the (See CHEST- complaints- **Bronchial** tubes- accompanied- urticaria)  
Skin- **ERUPTION**- urticaria- **alternating** with:**asthma** (See RESPIRATION-Asthmatic- alternating- urticaria)  
Skin- **ERUPTION**- urticaria- **alternating** with: **Chest; oppression of** (See CHEST-Oppression- alternating- urticaria)  
Skin- **ERUPTION**- urticaria- **recurrent** (See GENERALS- History- urticaria)  
Skin- **ERUPTION**- urticaria- **Shelfish**: (↗GENERALS- Food and- Shelfish-agg.)  
Skin- **ERUPTION**- urticaria- **tuberosa**; urticaria (See angioedema)  
Skin- **ERUPTION**- urticaria- **gigantea**(See angioedema)

#### 7. List of rubrics of other chapter of synthesis repertory 9.1

HEAD-**ERUPTIONS**- urticaria:  
FACE- **ERUPTIONS**- urticaria:  
FACE- **ERUPTIONS**- urticaria: +air; in open  
FACE- **ERUPTIONS**- urticaria: morning  
FACE- **ERUPTIONS**- urticaria:+ seasons  
FACE- **ERUPTIONS**- urticaria: symmetrical  
EXTERNAL THROAT- **ERUPTIONS**- urticaria  
ABDOMEN- **ERUPTIONS**-urticaria  
ABDOMEN- **ERUPTIONS**- urticaria- evening  
MALE GENITALIA/SEX- **ERUPTIONS**- urticaria  
RESPIRATION-**ASTHMATIC**- alternating with- urticaria  
RESPIRATION-**ASTHMATIC**- difficult with- urticaria  
CHEST- **ERUPTIONS**-urticaria  
CHEST- **COMPLAINTS** of chest-bronchial tubes-accompanied by – urticarial  
CHEST- **OPPRESION**-alternating with- urticaria  
BACK- **ERUPTIONS**- urticaria

BACK- **ERUPTIONS**- urticaria: +cervical region  
BACK- **ERUPTIONS**- urticaria: dorsal region  
BACK- **ERUPTIONS**- urticaria: scratching after  
EXTREMITES- **ERUPTIONS**-urticaria  
EXTREMITES- **ERUPTIONS**- urticaria • warm application

#### 8. Some hidden subrubric of synthesis repertory 9.1

Skin- **ERUPTION**- urticaria .afternoon: 16 h:  
Skin- **ERUPTION**- urticaria • fever: during: agg.: .bathingagg.:  
Skin- **ERUPTION**- urticarial • fever: during: agg.:children; in:  
Skin- **ERUPTION**- urticarial • fever: during: agg.:woolen clothesagg.:  
Skin- **ERUPTION**- urticarial • fever: during: prodrome of; during  
Skin- **ERUPTION**- urticarial • fever: during:suppressed  
Skin- **ERUPTION**- urticarial • fever: during:cold: air: agg  
Skin- **ERUPTION**- urticarial • fever: during:cold: air: amel  
Skin- **ERUPTION**- urticarial • fever: during:cold: applications/amel.:  
Skin- **ERUPTION**- urticarial • fever: during:cold: bathing: after: amel.:  
Skin- **ERUPTION**- urticarial • menses: after/ agg.:  
Skin- **ERUPTION**- urticarial • menses: before/agg  
Skin- **ERUPTION**- urticarial • menses: delayed, with:  
Skin- **ERUPTION**- urticarial • menses:during:agg: .profuse menses  
Skin- **ERUPTION**- urticarial • nausea: after  
Skin- **ERUPTION**- urticarial • nausea:before

#### CASE STUDY

**Date:-**05/04/2023

**Name:-**Sumanbhai V.Patel      **Age:-**40 years**Address:-**Navsari**Marital Status:-**marrie  
**Sex:-**male,      **Education:-**B.com ,**Occupation:-**job,**Religion:-** Hindu

#### CHIEF COMPLAINS:- (History of present illness with O.P.D):-

- Macular reddish eruption on both hand & leg and also on back since 5 year on and off.
- Intense itching and burning sensation of affected parts.
- First itching starts then gradually eruptions starts to appear.
- Sometime round shape or sometime in regular shape, changing locations.

**Onset (cause of the complaint):**Ailments from excessive work process with stress.

**Distribution/ Location:**On both hand and leg and on back.

**Duration:**30 minutes to one hour.

**Provoking or reliving factors:**<by at night, over work, stress ,>tab. Cetirizine almost daily.

**Recurrence:**Whenever patient do excessive work or take stress especially at night eruptions appear on the next day or at the same day night.

**ASSOCIATED COMPLAINS:-**Suffering from hypertension since 5 years on allopathic Rx

#### PERSONAL HISTORY (PATIENT AS A PERSON)

##### Physical Characteristics

**Appetite:-**good

**Thermal Reaction:-**Chilly

**Desire:-**milk

**Thirst:-**6-7g/day

**Sleep:-**disturbed on noise

**Aversion:-**sweet, butter

**Urine:-** normal

**Dream:-**routine work

**Bowel:-**regular

**Perspiration:-**scanty

**PAST HISTORY:-**Malaria and chicken pox in his childhood

**FAMILY HISTORY:-**Father has DM since 5 years, Sister has urticaria since 1 year

**MIND:-**Patient is working in mobile customer care center & very sincere regarding his work. This itching disturbed him as it disturbs his work. Whenever he is busy with work, nothing affects him when free, recalls problems. Anxiety for disease +2. He feels that this is the first stage of disease. If he cannot control it now, then it can be increased tomorrow and may cause any serious skin disease. If he will not take treatment there is no chance of getting cured. He says that to find out cause for the eruption I have changed my diet, bath, soap, stop using perfumes, etc. but could not get any reasons. There is also anxiety for others +2 if he will have a good finance then he will help poor people, so that they can live life quietly. He is also happy with his job as they provide good service to the customers. Any inconvenience to the customers bothers him.

**PHYSICAL EXAMINATION:-**

**Vital Data:-**Temperature:-98.6°F Pulse:-72/min

**B.P:-** 130/80mm/Hg

**R.R:-**18/min

**SKIN:-**Skin is dry, itches and burns intensely, scratching can make the itching worse

**DIAGNOSIS OF DISEASE:-**Chronic urticaria

**ANALYSIS OF SYMPTOMS:-**

**1. Mental Generals:-**

Anxiety for disease

Anxiety for others

work ameliorates

**2. Physical Generals:-**

Desire for sweets

Sleep disturbed on noise

**PHYSICAL PARTICULAR:-**

Urticaria<at night

Urticaria<by cold things

Urticaria>warmth

**EVALUATION OF SYMPTOMS:-**

**1. Mental Generals:-**

- Anxiety for disease **Grade-I**
- Anxiety for others **Grade-I**
- work ameliorates **Grade-I**

**2. Physical Generals:-**

- Desire for MILK **Grade-II**
- Aversion to sweet **Grade-II**
- Aversion to butter **Grade-II**

**3. physical particulars:-**

- 4. Urticaria<at night **Grade-III**
- 5. Urticaria<by cold things **Grade-III**

**REPERTORIAL TOTALITY:-**

1. Mind-ANXIETY-health; about- own health; one's
2. Mind-ANXIETY-other, for
3. Mind- OCCUPATION-amel
4. Skin-ERUPTIONS-urticaria-night
5. Skin-ERUPTIONS-urticaria-air cold- agg
6. Generals- FOOD and DRINKS- sweet-aversion

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