

Effectiveness Of Individualized Homoeopathic Medicine In The Treatment Of Fungus Disease (Tinea Capitis)- A Case Report

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Background- Fungus diseases are known to impact millions of lives. However, the epidemiology of fungal infections varies in different geographical regions, being dependent on multiple factors including at-risk individuals, socioeconomic attributes, and fungal endemicity related to geo-ecological characteristics, all leading to substantial impacts on health. Fungal diseases can be difficult to diagnose and treat. The modern system of medicines makes the usage of external application like ointments, fungicides etc. which leads to suppression or palliation. So the disease tends to recur often and becomes a chronic disease. There is wide scope in Homoeopathy for treating fungal diseases esp. Tinea infections.

Case Report

A female of 46 years age visited to the OPD, was suffering from Itchy bald patches over scalp since 1 week.

Location- head, scalp, left sided.

Sensation - itchy, bald patches with scaling.

Modalities- Agg. - evening

Concomitants- Painful hair roots.

P/H- She was apparently well 1 week ago when suddenly she starting complaining of itchiness with scaling over the head especially left sided, followed by falling of hair in patches. Itching and scaling got aggravated during evening hours. Hair roots painful.

Disease/operation/injuries/allergy etc.	Age/year in which occurred	Treatment taken	Outcome
Pulmonary Tuberculosis	At 10 yrs. Of age	9 months DOTs	Recovered
Typhoid fever	At 15 yrs. Of age	Allopathic treatment	Recovered

Family History

Father - Alive. Suffering from eczematous dermatitis.

Mother- Alive, Diabetic

Siblings- 3 Brothers, 1 sister – all alive & apparently healthy

Gynaecological History

Menses irregular.

Itching per vagina.

Obstetric History: G₃ P₃ A₀ L₃

2 female child, 1 male child, youngest male child 15 yr old. Delivered normally.

Physical Generals

Appetite: 2 meals / day, 4 chapati / meal , satisfactory. Nausea before breakfast.

Thirst: 2 L /day. No change.

Desire: pickles

Aversion: N/S

Stool: Regular, morning habit, soft in consistency. Satisfactory

Urine: nothing specific.
Thermal reaction: chilly.
Perspiration: No change, Non staining , no specific odor
Sleep: 6 hours sleep, nothing specific.
Dreams: nothing specific
Addiction: not present.
H/O Vaccination: Nothing specific

Mentals Generals

Irritable. Short tempered. Restless.
Indifferent towards loved ones.
Fearful while alone.
Easily offended.

Physical Examination

General Examination

Pulse: 78/min Sclera: white in color
B.P.: 130/88 mmHg Tongue: clean and moist
R/R: 18/min Lymph nodes: not enlarged
Temp: non febrile Oedema: not present
Conjunctiva: pinkish in colour Nails: no abnormality found

Systemic Examination

Head External/ Scalp Examination- Pinkish circular bald patches over scalp, esp. right sided. Dryness, scaling at the margins of patches.

Investigation

Nothing specific

Analysis of Case

S.No.	Symptoms	Mental Generals	Physical Generals	Particulars
1.	Irritable. Short tempered. Restless.	✓		
2.	Indifferent towards loved ones	✓		
3.	Fearful while alone.	✓		
4.	Easily offended.	✓		
5.	Menses irregular.		✓	
6.	Itching per vagina.		✓	
7.	Bearing down sensation, per vagina.		✓	
8.	Nausea every morning, before breakfast.		✓	
9.	Circular bald patches over scalp with itching and scaling.			✓
10.	Falling of hairs.			✓
11.	Hair roots painful.			✓
12.	Agg. Evening			✓

Evaluation of Symptoms

1. Irritable. Short tempered. Restless.
2. Indifferent towards loved ones.
3. Fearful while alone.
4. Easily offended.
5. Menses irregular.
6. Itching per vagina.
7. Bearing down sensation, as if something would escape, must cross the limbs while sitting which relieves the sensation.
8. Nausea every morning, before breakfast.
9. Circular bald patches over scalp with itching and scaling.
10. Falling of hairs.

11. Hair roots painful.
12. Agg. Evening.

Totality of Symptoms

1. Fearful while alone
2. Indifferent towards loved ones
3. Irritable. Short tempered
4. Easily offended
5. Falling of hairs
6. Hair roots painful
7. Circular bald patches over scalp with itching and scaling
8. Nausea every morning, before breakfast.
9. Itching per vagina
10. Menses irregular
11. Agg. Evening

Miasmatic Predominance: Psora Syocotic

S.NO.	SYMPTOMS	PSORA	SYCOSIS	SYPHILIS	TUBERCULAR
1.	Irritable. Short tempered. Restless.		\$		
2.	Indifferent towards loved ones		\$		
3.	Fearful while alone.		\$		
4.	Easily offended.		\$		
5.	Menses irregular.		\$		
6.	Itching per vagina.		\$		
7.	Bearing down sensation, per vagina.			\$	
8.	Nausea every morning, before breakfast.		\$		
9.	Desire pickles.		\$		
10.	Circular bald patches over scalp with itching and scaling.			\$	
11.	Falling of hairs.		\$		
12.	Hair roots painful.		\$		
13.	Agg. Evening	\$			

Repertorial Totality/ Pdf

Name of Repertory Used:- Kent's Repertory

S. No.	Symptoms	Chapter/Rubric
1.	Fearful while alone	MIND-FEAR- alone, of being
2.	Indifferent towards loved ones	MIND-INDIFFERENCE- loved ones, to
3.	Irritable. Short tempered	MIND-IRRITABILITY
4.	Easily offended	MIND-OFFENDED, easily
5.	Falling of hairs	HEAD-HAIR-falling
6.	Hair roots painful	HEAD-HAIR-painful-Roots
7.	Circular bald patches over scalp with itching and scaling	HEAD-SCALP, bald patches
8.	Nausea every morning, before breakfast.	STOMACH-NAUSEA-breakfast agg.
9.	Itching per vagina	
10.	Menses irregular	FEMALE GENITALIA/SEX-ITCH Vagina
11.	Agg. Evening	FEMALE GENITALIA/SEX- MENSES, Irregular GENERAL- Evening agg.

Potential deifferential field (pdf):

Thermal reaction- Chilly
Right sided.

Repertorial Results

Sepia 25/10 Lyco. 21/8 Calc. carb. 18/8
Nit. Ac. 18/8 Phos. 18/8 Merc. 13/8

Selection of Remedy/ Potency/ Dose

Sepia officinalis 30 C/OD

Diet & Regimen

Increase water intake.
Maintain hygiene.

Prescription

R_x

Sepia off. 30 C/OD X 7days

P.L. 30/ BD X 7days

FOLLOW- UP SHEET

Date	Symptoms	Prescription
10/03/23	Circular bald patches over scalp with itching, scaling at margins, falling of hairs and painful hair roots. DLQI score- 8	R_x Sepia 30/OD X 7 days PL 30/ TDS X 7days
17/03/23	General condition of patient is better. DLQI score- 8	R_x PL 30/ TDS X 7days
24/03/23	General condition of patient is better. DLQI score- 6	R_x PL 30/ TDS X 7days
31/03/23	General condition of patient is better. DLQI score- 4	R_x PL 30/ TDS X 7days
07/04/23	General condition of patient is better. DLQI score- 4	R_x PL 30/ TDS X 7days
14/04/23	General condition of patient is better. DLQI score- 0	R_x PL 30/ TDS X 7days

Conclusion

Homoeopathic medicine *Sepia* was found effective in the treatment of fungus disease (Tinea capitis) without any unwanted effects.

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