

Bridging Astrology and Medicine: A Case-Based Evaluation of Infertility Through Vedic Astrological Parameters

Ratnesh Kumar Thakur^{1*} and Arun Kumar Bansal²

¹*Ph.D. Research Scholar, Department of Astrology, Faculty of Alternative Therapy, Mewar University, Gangrar, Chittorgarh, Rajasthan, India-312901.

²Assistant Professor, Department of Astrology, Faculty of Alternative Therapy, Mewar University, Gangrar, Chittorgarh, Rajasthan, India-312901.

***Corresponding Author:** Ratnesh Kumar Thakur

*Ph.D. Research Scholar, Department of Astrology, Faculty of Alternative Therapy, Mewar University, Gangrar, Chittorgarh, Rajasthan, India-312901.

Abstract:

This research explores the interdisciplinary nexus between Vedic astrology and reproductive medicine by investigating astrological signatures associated with infertility. Distinct from conventional biomedical analysis, this study offers a culturally embedded approach, examining how planetary alignments, house significations, and astrological afflictions may reflect patterns seen in infertility diagnoses. Using six diversified case studies, we evaluate natal horoscopes to detect correlations between astrological factors, such as the 7th and 5th houses, Jupiter, Venus, Mars, and the influence of shadow planets Rahu and Ketu, and clinical reproductive outcomes. The goal is not to replace medical reasoning but to offer a complementary model of understanding infertility through a traditional yet systematically applied astrological lens.

Keywords: Infertility, Vedic Astrology, 7th House, 5th House, Venus, Mars, Rahu-Ketu, Reproductive Health.

1. Introduction:

Infertility, broadly defined as the inability to conceive after one year of regular unprotected intercourse, has become an escalating concern, affecting an estimated 48 million couples globally. While medical disciplines offer biological and biochemical explanations, hormonal imbalances, anatomical abnormalities, genetic defects, traditional systems like astrology present an alternative, symbolic framework to comprehend and interpret human health issues. In India, astrology still plays a significant role in health decision-making for many families, especially when conventional medicine does not yield definitive outcomes. This study investigates infertility through the lens of Vedic astrology, a millennia-old system that links cosmic patterns to human affairs. We focus particularly on the astrological determinants of reproductive viability, examining key houses (5th, 7th, 8th, and 12th), planetary positions (especially Venus, Jupiter, and Mars), and the karmic implications suggested by Rahu and Ketu. While contemporary medicine does not endorse astrology as a scientific diagnostic tool, there is growing interest in integrative models that include cultural belief systems to enhance patient-centered care.

2. Astrological Framework and Reproductive Relevance: In Vedic astrology, specific houses and planets are traditionally associated with aspects of fertility and reproductive function:

- **5th House:** Governs progeny, creativity, and genetic continuity. Affliction to this house can indicate difficulty in childbirth.
- **7th House:** Represents marital union and sexual compatibility. Disharmony here may result in obstacles to natural conception.
- **8th House:** Associated with chronic disorders, transformations, and reproductive health mysteries.
- **12th House:** Symbolizes loss, hidden disorders, and karmic debts.
- **Venus:** Karaka of fertility, sexuality, and hormonal systems.
- **Jupiter:** Planet of expansion and blessings; its influence enhances childbearing potential.
- **Mars:** Represents vitality, but afflictions may imply inflammation or injury in reproductive organs.
- **Rahu and Ketu:** Indicate karmic imbalances and are often linked to unexplained infertility or spiritual lessons tied to parenthood.

Table 1: Key Astrological Components Related to Fertility.

Component	Traditional Significance
5 th . House	Progeny, Creative Output
7 th . House	Sexual Union, Spousal Harmony
Venus	Fertility, Ovulation, Sexual Desire
Jupiter	Fertility, Blessings, Progeny
Mars	Energy, Inflammation, Reproductive Vitality
Rahu / Ketu	Karmic Patterns, Past Life Influences

3. Methodology:

Six case studies were selected across diverse demographics, three male and three female subjects, based on medically diagnosed infertility. Accurate birth details (time, date, and location) were verified to generate natal charts using Lahiri Ayanamsa. The astrological evaluation focused on:

- Condition and affliction of the 5th, 7th, 8th, and 12th. Houses.
- Strength and dignity of Venus, Jupiter, Mars.
- Aspects (drishti) and conjunctions with Rahu and Ketu.
- Divisional charts (especially Saptamsa or D-7).
- Dasha periods active during diagnosis and treatment.

To ensure objectivity, interpretations were cross-reviewed by two senior astrologers with specialization in medical astrology. Discrepancies were resolved through consensus.

4. Case Study Analyses:

Case 1: Female, Age 31 (Unexplained Infertility)

- Venus combust in 6th. house.
- 5th. lord retrograde and placed in 12th.
- Rahu in 5th. house; Ketu in 11th.
- Dasha of afflicted Venus active at time of diagnosis.

Case 2: Male, Age 35 (Low Motility, Subfertility)

- Mars in 7th. house causing heated temperament.
- Venus afflicted by Saturn.
- Jupiter retrograde in 8th. house.
- Rahu aspecting Venus from the 11th.

Case 3: Female, Age 29 (PCOS)

- Moon in 8th. house with Ketu.
- Venus debilitated in Virgo.
- 5th. house under malefic aspect of Mars and Saturn.

Case 4: Male, Age 40 (Azoospermia)

- Weak 7th. house lord in 6th.
- Rahu in Lagna, Ketu in 7th.
- Jupiter placed in 12th. with no benefic aspect.

Case 5: Female, Age 36 (Endometriosis)

- Venus in Gandanta, closely conjunct Mars.
- 5th. house hemmed between malefics.
- Saturn aspecting 5th. and 7th. houses.

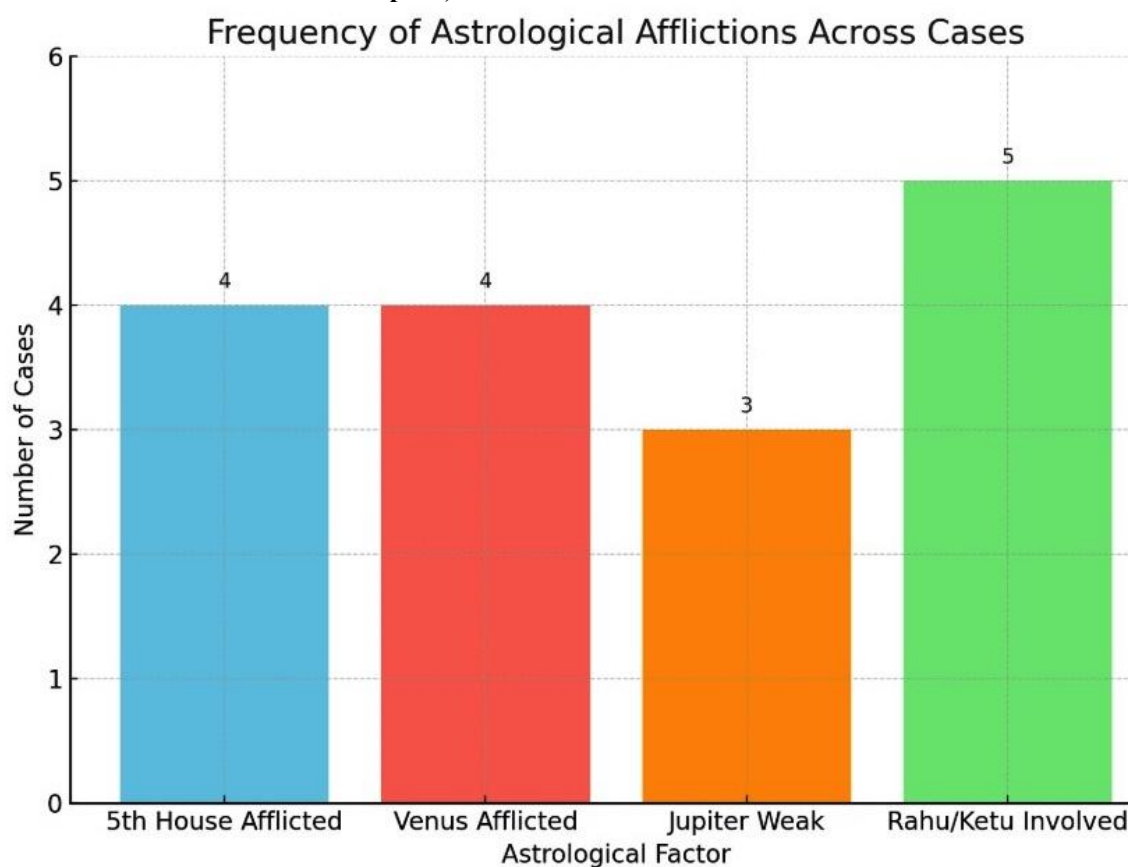
Case 6 : Male, Age 38 (Normal reports, no conception)

- 5th. house lord in 8th.
- Jupiter combust and retrograde.
- Rahu-Ketu axis on 1st. and 7th. houses.

Table 2: Summary of Astrological Indicators.

Case	5 th . House Afflicted	Venus Afflicted	Rahu / Ketu Involved	Jupiter Weak	Clinical Diagnosis
1	Yes	Yes	Yes	No	Unexplained Infertility
2	No	Yes	Yes	Yes	Low Motility
3	Yes	Yes	Yes	No	PCOS
4	No	No	Yes	Yes	Azoospermia
5	Yes	Yes	No	No	Endometriosis
6	Yes	No	Yes	Yes	Unknown Cause

Graph 1: Frequency of Astrological Afflictions across Cases-showing counts of afflictions to 5th House, Venus, Jupiter, and Rahu / Ketu influence.



5. Interpretative Insights: A qualitative synthesis of the six cases reveals consistent patterns. Venus affliction appears in four of six cases, suggesting hormonal imbalances or reproductive health concerns. The 5th. House, central to fertility, is compromised in at least four subjects, particularly among female cases. Rahu and Ketu involvement is observed in five cases, often correlating with unexplained infertility or spiritual dimensions to childbearing difficulties. Jupiter's weakness, especially in males, aligns with insufficient reproductive expansion or vitality. These alignments demonstrate that astrological diagnostics, while symbolic, align curiously with clinical realities. This does not establish causality but invites exploration of astrology as a supplementary interpretive tool, particularly within culturally affirming contexts.

6. Integrating Astrology with Holistic Health Models: Astrology can serve as a therapeutic adjunct to conventional fertility treatment, especially where psychological resilience and spiritual interpretation are valued. Integrative health models increasingly acknowledge the importance of patient beliefs in treatment outcomes. By framing infertility within a broader karmic or spiritual context, astrology may alleviate emotional distress and encourage introspective healing. Astrological insights can also inform lifestyle recommendations. For instance, a dasha ruled by a benefic planet like Jupiter may be seen as more favorable for conception attempts, aligning with natural fertility windows or treatment cycles.

7. Conclusion:

This study affirms the presence of recurring astrological markers in individuals diagnosed with infertility, especially regarding the 5th house, Venus, and Rahu/Ketu influences. While this does not validate astrology as a scientific tool, it underscores its value as a culturally embedded diagnostic language. Further research should include larger sample sizes, comparative analysis with fertile individuals, and longitudinal tracking through dasha periods. As modern healthcare becomes increasingly patient-centered, culturally sensitive frameworks like Vedic astrology may find a space not in replacing but in complementing medical diagnostics. Ultimately, this integration fosters empathy, insight, and a holistic view of reproductive wellness.

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